

Position	Actual Time	Race No	Surname	First Name	Club Name
1	00:34:53	87	Parrington	Lee	Barlick Fell Run
2	00:35:15	76	Carruthers	Hayley	Rotherham Ha
3	00:35:35	79	Maher	Chris	Penny Lane Str
4	00:35:43	82	Hesketh	Laura	Clayton-le-Moc
5	00:36:49	382	Tully	Christopher	Salford Harrier
6	00:37:06	441	Simpson	Alex	Lancaster Uni
7	00:37:42	458	Taylor	David	Wesham RR
8	00:37:49	487	Wilkinson	Shaun	Keighley & Cra
9	00:38:04	353	Holding	Neil	Horwich RMI
10	00:38:12	96	McKelvie	Ross	Lytham St Ann
11	00:38:35	85	Almond	Dave	Blackburn Roa
12	00:38:37	406	Osinski-gray	Michael	
13	00:38:45	408	Pinon Shaw	Jose	Red Rose RR
14	00:39:06	386	Maughan	Richard	Red Rose RR
15	00:39:08	367	Knight	Oliver	Lancaster Uni
16	00:39:46	309	Dunderdale	James	Clayton-le-Moc
17	00:39:50	312	Evason	John	Black Combe F
18	00:40:14	413	Raso	Roberto	Manchester Fr
19	00:40:22	468	Towers	Liam	
20	00:40:27	453	Southward	Tom	Hoad Hill Harri
21	00:40:56	259	Bampton	John	Penny Lane St
22	00:40:59	334	Greenwood	Scott	Victoria Park R
23	00:41:06	316	Fish	Edward	
24	00:41:10	328	Gilleade-Smith	James	Lancaster Run
25	00:41:13	329	Goodliffe	Michael	Blackburn Roa
26	00:41:24	93	Williams	Simon	Styal RC
27	00:41:29	490	Wright	Ellie	Blackburn Roa
28	00:41:33	483	Wearden	Paul	
29	00:41:54	323	Garda	Asif	Blackburn Roa
30	00:42:22	308	Duncan	Richard	Lancaster Run
31	00:42:50	484	Whelan	Amy	Hoad Hill Harri
32	00:43:23	322	Garda	Dustgeer	Blackburn Roa
33	00:43:24	472	Unsworth	Nicola	Blackpool Wyr
34	00:43:28	371	Lawrenson	Helen	Wesham RR
35	00:43:38	77	Walsh	Michael	Kendal AC
36	00:43:43	86	Gardner	Andy	Blackburn Roa
37	00:43:49	385	Mason	Karl	Helm Hill Runn
38	00:43:58	424	Roy	Michael	Lancaster & M
39	00:44:00	74	Robinson	Darren	
40	00:44:21	83	Medley	Teresa	Border Harrier
41	00:44:22	341	Hartley	Dan	Black Combe F
42	00:44:41	478	Walker	David	Lancaster & M
43	00:44:49	469	Townely	Philip	Lancaster Run
44	00:44:51	299	Dalby	Joel	Skipton AC
45	00:45:15	425	Russell	Simon	Lancaster Run
46	00:45:22	493	Goddard	Louise	Lancaster & M
47	00:45:43	418	Rix	Linda	Manchester Fr
48	00:45:55	485	Whittaker	Tim	
49	00:46:21	97	Walker	Mark	Kendal AC
50	00:46:30	319	Fletcher	Brett	Lancaster Run
51	00:46:32	95	Smithers	Ben	Red Rose RR
52	00:46:35	311	Estkowska	Dorota	

53	00:46:42	481 Walton	David	
54	00:46:53	297 Curran	Catherine	
55	00:47:05	377 Lund	Emma	Wesham RR
56	00:47:10	347 Hebdige	Claire	Eden Runners
57	00:47:15	256 Aspden	Beverley	
58	00:47:27	335 Greenwood	Gemma	Lancaster Run
59	00:47:28	428 Sargent	David	Lancaster Run
60	00:47:33	292 Cornall	Marissa	Garstang RC
61	00:47:39	264 Bayliss	David	Red Rose RR
62	00:48:40	454 Steel	Diane	Keighley & Cra
63	00:49:17	412 Pulczynski	Rafal	
64	00:49:56	94 Edwards	Samantha	Red Rose RR
65	00:50:03	486 Whyham	Russell	
66	00:50:08	440 Simmill	Mark	
67	00:50:11	339 Hall	Lynsey	Lancaster Run
68	00:50:34	75 Taylor	Shona	Wigan & Distri
69	00:50:42	346 Hayes	Matthew	
70	00:50:50	370 Lamb	Christine	Lancaster Run
71	00:51:12	288 Cody	Kay	Lancaster & M
72	00:51:20	84 Ingham	Lisa	Blackburn Roa
73	00:51:43	381 Makinson	Sid	Blackburn Roa
74	00:51:46	433 Seward	Kelly	Lancaster Run
75	00:52:06	361 Hunt	Shirley	
76	00:52:12	321 Gape	Jacqui	
77	00:52:13	496 Squires	Caroline	Lancaster Run
78	00:52:20	333 Grayson	Dominic	
79	00:52:20	392 McLachlan	Ellen	Blackpool Wyr
80	00:52:25	446 Slater	Rachael	
81	00:52:26	447 Slater	Andy	
82	00:52:43	364 Johnson	Kirsten	Walney Windcl
83	00:53:00	466 Tomlinson	Michelle	Thornton Clev
84	00:53:05	494 Douglass	Carol	Red Rose RR
85	00:53:11	349 Hickingbotham	Liz	Didcot Runner
86	00:53:13	376 Lockley	Natalie	Lancaster Run
87	00:53:27	378 Lynch	Fiona	Blackburn Roa
88	00:53:27	261 Baron	Jeanette	Blackburn Roa
89	00:53:33	268 Blackburn	Gary	Blackburn Roa
90	00:53:36	495 Gouldthorpe	Joan	Red Rose RR
91	00:53:47	358 Holt	Angela	
92	00:53:50	265 Bell	George	Blackburn Roa
93	00:53:55	73 Walker	Mike	
94	00:54:10	448 Smith	Jan	Skipton AC
95	00:54:13	257 Atkinson	Emily	Red Rose RR
96	00:54:23	262 Barrow	Mark	Parkside Panth
97	00:54:31	362 James	Kate	
98	00:54:36	391 McGrattan	Juliet	
99	00:54:44	81 Clucas	John	Blackburn RR
100	00:55:04	375 Lister-Ward	Joanne	Thornton Clev
101	00:55:33	460 Thistlethwaite	Andrew	
102	00:55:39	497 Lonergan	Terry	Barlick Fell Ru
103	00:55:41	429 Saunders	Dawn	Thornton Clev
104	00:55:46	269 Bolton	Debbie	Blackburn Roa
105	00:55:49	455 Sweeney	Sinead	Preston Harrie

106	00:56:16	89 Barcroft	Anna	Blackburn RR
107	00:56:24	445 Slamon	Lindsay	
108	00:56:27	365 Kacperska	Emilia	
109	00:56:28	276 Bugeja	Clare	
110	00:56:34	286 Clayton	John	Blackburn Roa
111	00:56:36	432 Sears	Michelle	Blackburn Roa
112	00:56:38	394 McTigue	Stephen	Blackburn Roa
113	00:56:39	88 Wolstenholme	Susan	Blackburn Roa
114	00:56:40	90 Henry	Graham	Blackburn Roa
115	00:56:41	431 Scott	Lucy	Clayton-le-Moc
116	00:56:49	434 Sharratt	Gary	
117	00:56:50	72 Grisdale	Joanne	Helm Hill Runr
118	00:57:03	430 Scanlon	Alison	
119	00:57:04	491 Wrigley	Vikki	Thornton Clev
120	00:57:27	439 Simmill	Elaine	Lancaster & M
121	00:57:29	296 Cunniff	Cheryl	
122	00:57:39	263 Batty	Leanne	Thornton Clev
123	00:57:42	369 Laffan	Mel	
124	00:57:43	403 Myers	Kris	
125	00:57:50	416 Redmayne	Kim	
126	00:57:55	273 Braithwaite	Claire	Ulverstan Tri C
127	00:57:58	393 McNutty	Alan	Parkside Panth
128	00:58:08	366 Kippax	Cath	
129	00:58:11	266 Bell	Helen	
130	00:58:12	298 Curran	Candice	
131	00:58:13	357 Holmes	Hannah	
132	00:58:16	451 Smith	Ceri	
133	00:58:22	92 Lees	Kylie	
134	00:58:26	255 Appleby	Kathy	
135	00:58:29	295 Cox-O'Shea	Louise	
136	00:58:31	302 Denney	Janine	Thornton Clev
137	00:58:32	283 Clarke	Clare	Blackpool Wyr
138	00:58:35	78 Harrison	Helen	Clayton-le-Moc
139	00:58:37	368 Knowles	Heather	Lancaster Runi
140	00:58:56	360 Howarth	Peter	
141	00:59:20	470 Turner	Pauline	
142	00:59:23	452 Somers	Anne	
143	00:59:24	254 Ali	Mohammed	
144	00:59:36	293 Coulter	Angela	Blackburn Roa
145	00:59:38	348 Hickey	Tracy	Blackburn Roa
146	00:59:39	492 Yiu	Emma	Skipton AC
147	00:59:50	401 Murray	Rachel	
148	00:59:57	252 Acornley	Avril	
149	00:59:58	449 Smith	Nicholas	
150	00:59:59	318 Fishwick	Carol	
151	00:59:59	279 Carter	Emma	Lancaster & M
152	01:00:01	397 Middlehurst	Christopher	
153	01:00:23	467 Tomlinson	Barry	
154	01:00:27	450 Smith	Jane	
155	01:00:29	407 Park	Sarah	
156	01:00:29	438 Shepherd	Jenny	Thornton Clev
157	01:00:36	345 Hawkrigg	Karen	
158	01:00:43	258 Atkinson	Shelley	

159	01:00:43	337 Grimes	Steph	
160	01:00:45	284 Clarke	Claire	
161	01:00:46	352 Hodgson	Michelle	
162	01:00:49	404 Nopondo	Eunice	Penny Lane St
163	01:00:54	442 Simpson	Victoria	
164	01:00:56	290 Conroy	Sally	
165	01:00:56	409 Potter	Kate	
166	01:01:03	476 Vignali	Gemma	
167	01:01:12	457 Tabiner	Antony	
168	01:01:22	415 Reader	Emma	
169	01:01:39	343 Hawke	Stephanie	
170	01:01:39	488 Wilson	Clare	
171	01:01:49	419 Roberts	Maureen	Lancaster Run
172	01:01:50	475 Vereker	Faye	
173	01:01:51	350 Hicks	Alison	
174	01:01:55	380 Magee	Tracey	Preston Harrie
175	01:01:56	423 Rowlandson	Alison	
176	01:01:57	422 Robson	Jim	
177	01:03:04	277 Bunting	Debra	Lancaster & M
178	01:03:05	405 Norris	Shirley	
179	01:03:15	355 Holmes	Joanne	
180	01:03:22	303 Dixon	Michelle	
181	01:03:30	471 Tyrer	Julie	Preston Harrie
182	01:03:37	389 McGlinchey	Gemma	Parkside Panth
183	01:04:01	443 Singleton	Laura	
184	01:04:05	320 Foy	Carol	
185	01:04:11	363 Johnson	Sarah	Ulverstan Tri C
186	01:04:20	253 Adamson-Ben	Katie	
187	01:04:46	324 Gardener	Catherine	Blackburn Roa
188	01:04:48	421 Robley	Cheryl	
189	01:04:49	315 Fish	Danny	
190	01:04:57	436 Sharrock	Tracey	Blackpool Wyr
191	01:05:23	287 Clubb	Sarah	Preston Harrie
192	01:05:36	387 Maynard	Gillian	Blackburn Roa
193	01:05:50	477 Walker	Nickola	Blackpool Wyr
194	01:05:58	462 Thompson	Liz	
195	01:06:16	330 Goodliffe	Ian	
196	01:06:48	437 Shaw	Lynn	Thornton Clev
197	01:07:08	465 Tillotson	Louise	
198	01:07:08	464 Tillotson	Stephen	
199	01:07:09	400 Murphy	Jonathan	
200	01:07:15	91 Done	Linda	
201	01:07:44	338 Guest	Jennifer	
202	01:07:45	489 Wood	Stephanie	
203	01:08:23	373 Lee	Lisa	
204	01:08:24	395 Mellody	Lea	
205	01:08:35	271 Brady	Colette	
206	01:08:35	272 Brady	Jane	
207	01:08:35	336 Grehan	Jennifer	
208	01:08:43	396 Merrill	Julie	
209	01:08:52	327 Gibbins	Helen	
210	01:08:59	420 Roberts	Rose	
211	01:09:07	474 Vally	Toshif	Red Rose RR

212	01:09:40	444 Skelton	Katie	
213	01:09:51	351 Hindley	Debbie	Thornton Clev
214	01:09:57	278 Butler	Sue	
215	01:10:08	98 Smith	Sue	
216	01:10:29	459 Taylor	Kim	
217	01:10:33	326 Gibbins	Carol	
218	01:10:51	383 Manion	Heidi	
219	01:11:44	456 Swindlehurst	Kerry	
220	01:11:59	300 Davis	Terrina	
221	01:11:59	463 Thornton	Jo	
222	01:12:00	384 Mason	Caroline	
223	01:12:04	294 Coulthard	Joanne	Blackburn Roa
224	01:12:05	291 Copple	Stephen	
225	01:12:13	372 Lee	Joanne	Middleton Harr
226	01:12:54	267 Bennett	Bec	Atherton RC
227	01:13:03	80 Luengaramsuk	Jedsado	
228	01:13:55	398 Miller	Sophie	South Ribble R
229	01:14:10	270 Bowman	Melanie	
230	01:14:12	317 Fisher	Rachel	
231	01:14:13	304 Dobson	Rebecca	
232	01:15:01	274 Brentley	Autumn	
233	01:15:01	275 Brentley	Melissa	
234	01:15:29	379 Mackay	Kayleigh	
235	01:15:30	461 Thomas	James	Walney Windct
236	01:15:39	285 Clarke	Hayley	
237	01:16:31	479 Walker	Linda	Lancaster & M
238	01:16:42	281 Child	Kate	
239	01:21:40	402 Muscatt	Lynne	
240	01:21:40	289 Connelly	Rebecca	
241	01:21:52	480 Wallbank	Sarah	
242	01:21:56	305 Dobson	Michael	
243	01:21:59	306 Dobson	Isabell	

Category	Sex
runners	M
runners & AC	F
runners	M
runners Harriers	F
runners	M
RC	M
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V50	M
V55	M
runners's RRC	M
V50	M
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V50	M
	M
RC	M
runners Harriers	M
runners	M
V50	M
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runners	M
V45	M
RC	M
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runners	M
V40	M
	M
old Runners	F
V40	M
old Runners	M
runners	M
runners	F
old Runners	M
V45	F
V45	F
V65	M
V40	M
runners	M
orecambe AC	M
V50	M
V45	F
V45	M
V55	M
V50	M
V40	M
runners	M
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V35	F
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V70	F
V45	F
V35	F
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d Runners	M
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