



Alexandra Park 5k, 3 July 2011.

Open Athletics

|    | <b>Time</b> | <b>No.</b> | <b>Name</b>          | <b>Club</b>             | <b>Cat.</b> |
|----|-------------|------------|----------------------|-------------------------|-------------|
| 1  | 19.08       | 128        | Philip Wilcock       | Unattached              | M           |
| 2  | 19.12       | 120        | Jonathan Guildford   | Manchester Frontrunners | M           |
| 3  | 19.17       | 144        | Sam Stead            | Unattached              | M           |
| 4  | 19.29       | 93         | Paul Christie        | Bumden Road Runners     | M50         |
| 5  | 19.90       | 117        | Mark Chadwick        | Manchester Fronts       | M           |
| 6  | 19.57       | 135        | Bryn Machin          | Manchester Harriers     | M           |
| 7  | 20.01       | 106        | Paul Johnson Whittle | Chester Triathletes     | M           |
| 8  | 20.10       | 86         | Andrew O'Connor      | Unattached              | M50         |
| 9  | 20.22       | 137        | Ed Higgins           | Unattached              | M           |
| 10 | 20.22       | 122        | Anthony Dunn         | Unattached              | M40         |
| 11 | 20.50       | 140        | Richard Butterwick   | Todmorden               | M40         |
| 12 | 21.26       | 145        | Mike O' Brien        | Manchester YMCA         | M50         |
| 13 | 21.31       | 96         | Nasser Isman-Egal    | Astley Tyldsley         | M           |
| 14 | 21.35       | 113        | Phil Buckley         | Unattached              | M           |
| 15 | 21.57       | 102        | Jamie Emerson        | Unattached              | M           |
| 16 | 22.27       | 146        | Ian Williamson       | Unattached              | M40         |
| 17 | 23.40       | 134        | Gordon Macdonald     | Unattached              | M           |
| 18 | 23.43       | 99         | Clive Bishop         | Manchester Harriers     | M60         |
| 19 | 23.53       | 121        | John Riley           | Northern Vets AC        | M70         |
| 20 | 24.05       | 147        | Caroline Item        | Unattached              | F40         |
| 21 | 24.17       | 116        | Malcolm Brown        | Unattached              | M40         |
| 22 | 24.39       | 141        | Graham Lawler        | East Cheshire Harriers  | M60         |
| 23 | 24.46       | 91         | Derek Walton         | Altrincham AC           | M60         |
| 24 | 24.59       | 136        | Liz Hall             | Manchester YMCA         | F           |
| 25 | 25.01       | 101        | Paul Kilby           | ECM                     | M60         |
| 26 | 25.50       | 138        | Michael Macabe       | Unattached              | M           |
| 27 | 26.37       | 131        | Nina Ramsden         | Unattached              | F40         |
| 28 | 26.39       | 109        | Marion Wilkinson     | Clayton Harriers        | F60         |
| 29 | 26.55       | 126        | Michelle Vaughn      | Unattached              | F40         |
| 30 | 27.06       | 108        | Jackie Shaw          | Unattached              | F           |
| 31 | 27.41       | 132        | Rachel Bain          | Unattached              | F40         |
| 32 | 27.51       | 112        | Joshua Graham        | Clayton Harriers        | M           |
| 33 | 28.09       | 118        | David Melvin         | Unattached              | M60         |
| 34 | 28.16       | 95         | Gareth Norbury       | Unattached              | M           |
| 35 | 28.17       | 130        | Dee Melly            | Unattached              | F           |
| 36 | 28.27       | 92         | Liam Christie        | Bumden Road Runners     | M           |
| 37 | 28.41       | 114        | Dez Hayton           | Unattached              | M           |
| 38 | 28.43       | 94         | Tom Owens            | Unattached              | M           |
| 39 | 29.10       | 125        | Ian Campbell         | Unattached              | M           |
| 40 | 29.50       | 111        | Peter Graham         | Unattached              | M40         |
| 41 | 30.04       | 142        | Mura Wells           | Todmorden               | F50         |
| 42 | 30.34       | 90         | Geoff Howarth        | Northern Vets           | M70         |
| 43 | 31.08       | 87         | Mandy Rothwell       | Unattached              | F40         |
| 44 | 31.12       | 119        | Laura Scanga         | Unattached              | F40         |
| 45 | 31.15       | 123        | Jos Rostron          | Moss Park Strollers     | F           |



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|----|-------|-----|-------------------|---------------------|-------|
| 46 | 31.18 | 107 | Catherine Holland | Moss Park Strollers | F40   |
| 47 | 31.45 | 97  | Nicki Grundy      | Moss Park Strollers | F     |
| 48 | 32.20 | 124 | Joanne Robinson   | Moss Park Strollers | F     |
| 49 | 32.28 | 133 | Alison Ramshaw    | Unattached          | F     |
| 50 | 32.42 | 143 | Brian Roberts     | Belle Vue Racers    | M60   |
| 51 | 34.26 | 115 | Marie Coquet      | Unattached          | F     |
| 52 | 35.10 | 88  | Thando Mthunzi    | Unattached          | M     |
| 53 | 36.12 | 127 | Jenny Campbell    | Unattached          | F     |
| 54 | 39.42 | 110 | Ivan MacIntyre    | Sale Harriers       | M50   |
| 55 | 48.06 | 89  | Jolene Doherty    | Unattached          | F     |
| 56 | 53.02 | 105 | Leanne Kendrick   | Unattached          | F     |
| 57 | 53.03 | 104 | Mark Kendrick     | Unattached          | M     |
| 58 | 53.05 | 103 | Marie Kendrick    | Unattached          | F     |
|    | 9.08  | 139 | Bethan Nelson     | Trafford AC         | F U11 |