



Alexandra Park 5k, 4 September 2011.

Open Athletics

	<b>Time</b>	<b>Name</b>	<b>Clun</b>	<b>Category</b>
1	16:43	Henry Valentine	South Cheshire	M17
2	17:40	Phil Burns	Stockport Harriers	M
3	18:11	John Chaplin	Blackburn Harriers	M50
4	19:15	Simon Chadwick	Stockport	M15
5	19:57	Arnold Melling	Astley & Tyldesley	M60
6	20:00	Nathan Lee	Unattached	M17
7	20:13	Matthew Moran	Stockport	M
8	20:22	Mark Wolstercroft	Unattached	M40
9	20:24	Rose Blackburn	Unattached	F
10	20:40	John Randles	Unattached	M
11	20:43	Phil Buckley	Unattached	M
12	20:51	Stephanie Stevens	northern running	F40
13	20:59	Nicky Mason	Unattached	M
14	21:12	Lesley Fisher	Burnden Runners	F50
15	21:17	Ray Townhill	Unattached	M40
16	21:24	Charlie Stanway	Penny Lane Striders	M50
17	21:27	Dave Ellis	Royton Road Runner	M
18	22:02	Cristine Puccini	Penny Lane Striders	F40
19	22:21	Tony Walmsley	Lymm Runners	M40
20	22:36	Dave Pearson	Burnden Runners	M50
21	22:41	Ian Ashcroft	Wilmslow	M60
22	22:49	Derek Walton	Altrincham	M60
23	23:07	Ian Williamson	Unattached	M40
24	23:15	John Ryley	Northern Veterans	M70
25	23:32	Philip Harper	Unattached	M30
26	23:55	Sam Turner	Unattached	M40
27	24:38	Paul Kilbey	ECH	M60
28	24:46	Robert Phoenix	Atherton Runners	M50
29	26:17	Mary Jeal	Denbigh Harriers	F50
30	26:30	Michelle Wilder	Manchester Tri	F40
31	26:40	Willy Mcourt	Unattached	M40
32	26:57	Keith Robson	Manchester Tri	M70
33	28:14	Rachael Clarke	Unattached	F40
34	28:17	DR Howarth	Leigh	M80
35	30:00	Jessica Bowles	Unattached	F
36	30:02	Sue Goldrick	Unattached	F40
37	30:18	Dipti Rallan	Unattached	F50
38	30:19	Andrea Cougan	Unattached	F
39	32:16	Joanne McPhillips	Unattached	F
40	33:54	Susan Negus	Unattached	F40
41	37:46	Arthur Walsham	Salford	M80
42	40:39	Catherine Hall	Unattached	F40
2 laps	15:39	Tom Williamson	Unattached	M12
44	DNF	Dave Bullen	Unattached	M50
45	DNF	Cheryl Maires	Unattached	F

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**UP & RUNNING** 