

Sheet1

Delamere forest "MIDWEEK MADNESS" 10k – Wednesday 17th August 2011

Pos	No	GunTime	Firstname	Lastname	Club	M/F	Cat	ChipPos	ChipTime
1	248	00:37:52	George	Thompson	VALE ROYAL AC	M		1	00:37:51
2	243	00:40:27	James	Mcnally		M		2	00:40:26
3	298	00:40:47	Ian	Cooper	ELLESMERE PORT RUNNING CLUB	M	45	3	00:40:46
4	270	00:41:07	Christopher	Wilson	MERSEY TRI CLUB	M		4	00:41:04
5	252	00:41:21	Charlie	Sharpe		M		5	00:41:20
6	137	00:41:54	Mark	Bale	WILMSLOW	M		6	00:41:47
7	139	00:42:26	Oliver	Hayes		M		7	00:42:24
8	232	00:42:50	Dave	Douglas	DELAMERE SPARTANS	M	40	8	00:42:48
9	210	00:43:36	David	Shepherd	VALE ROYAL AC	M	45	10	00:43:33
10	282	00:43:41	Joseph	O'Donovan		M		11	00:43:34
11	129	00:43:42	Rob	Jones	CHESTER TRI CLUB	M		12	00:43:41
12	111	00:44:01	Craig	Connor		M		9	00:43:33
13	351	00:44:08	Gavin	Barron	TRI-ANGLER TRI CLUB	M		13	00:44:06
14	230	00:44:15	Andrew	Mallagh	DELAMERE SPARTANS	M	40	14	00:44:13
15	42	00:44:43	Phil	Hayes		M		15	00:44:41
16	267	00:44:52	Gary	Goodall	VILLAGE ROAD RUNNERS	M		16	00:44:47
17	225	00:45:07	Oliver	Mauldridge		M		17	00:44:59
18	358	00:45:43	Neil	Chester	LIVERPOOL HARRIERS AC	M	40	18	00:45:40
19	199	00:46:00	Robert	Givnan		M		19	00:45:57
20	359	00:46:04	V	Pritchard-Taylor		M		20	00:46:02
21	122	00:46:09	David	Kelly	UKNETRUNNER	M		22	00:46:06
22	91	00:46:10	Andrew	Roberts		M	45	21	00:46:06
23	34	00:46:17	Jonathan	Walsh		M		24	00:46:15
24	305	00:46:20	Daniel	Green	WARRINGTON ROAD RUNNERS	M		23	00:46:13
25	324	00:46:22	Steve	Broadfoot	NORTHERN VETERANS AC	M	45	25	00:46:20
26	367	00:46:57	Kevin	Yates		M		26	00:46:55
27	245	00:47:02	Graeme	Dick	CHESTER TRI CLUB	M		27	00:46:58
28	247	00:47:03	Nick	Eastwood		M	40	28	00:46:59
29	81	00:47:07	Jamie	Sharman		M		29	00:47:06
30	345	00:47:15	Sarah	Singleton		F	45	31	00:47:14

Sheet1

31	164	00:47:17	Lee	Horton		M	40	30	00:47:11
32	234	00:47:30	Jon	Sheehy		M	45	32	00:47:20
33	189	00:47:40	James	Hack	DELAMERE SPARTANS	M		33	00:47:35
34	274	00:47:48	Steve	White		M	40	34	00:47:43
35	337	00:47:52	Gareth	Howell	LIVERPOOL HARRIERS AC	M		35	00:47:50
36	65	00:48:00	Lee	Wilkinson		M		36	00:47:58
37	85	00:48:08	Andrew	Morden		M		37	00:48:01
38	238	00:48:16	Jonathan	Fairhurst		M		38	00:48:08
39	194	00:48:26	Andrew	Whittaker	DELAMERE SPARTANS	M		39	00:48:20
40	363	00:48:30	Alec	Jervis		M		41	00:48:23
41	361	00:48:33	Colin	Thompson		M		43	00:48:28
42	290	00:48:35	Ellen	Darroch		F	45	42	00:48:27
43	357	00:48:36	Russell	Eaton		M		45	00:48:34
44	221	00:48:42	Wayne	Brassington		M		47	00:48:38
45	377	00:48:42	Mr	Proctor		M	40	46	00:48:34
46	284	00:48:46	Martin	Connell		M	40	44	00:48:30
47	103	00:48:48	Nick	Blades		M		40	00:48:23
48	178	00:49:05	Rachel	Symons		F	35	48	00:49:02
49	211	00:49:16	Paul	Chrisp	DELAMERE SPARTANS	M	45	50	00:49:10
50	352	00:49:18	Joanne	Smith	TRENT PARK	F	35	51	00:49:15
51	97	00:49:25	Duncan	Shuttleworth		M	50	52	00:49:17
52	384	00:49:27	S	Thompson		M	40	49	00:49:10
53	202	00:49:33	Andrew	Taylor		M		53	00:49:21
54	188	00:49:50	Spooner	Paul		M		54	00:49:32
55	275	00:49:59	Neil	Croft		M		55	00:49:57
56	271	00:50:10	Barry	Breden		M		57	00:50:05
57	216	00:50:12	Andrew	Moore		M		56	00:50:00
58	250	00:50:20	Gareth	Jones		M	40	59	00:50:13
59	174	00:50:21	Mark	Gould	WEST CHESHIRE AC	M		60	00:50:14
60	180	00:50:26	Michael	Ellams		M		58	00:50:13
61	372	00:50:33	David	Roberts	ELLESMERE PORT RUNNING CLUB	M	50	61	00:50:24
62	25	00:50:35	Marc	Williams		M		62	00:50:34
63	209	00:50:45	Lee	Ramsden		M		63	00:50:38
64	168	00:50:48	John	Coats	NORTHERN VETERANS AC	M	45	64	00:50:44

Sheet1

65	95	00:50:55	Lee	Higginson		M		65	00:50:50
66	318	00:50:59	Peter	Tinsley	SOUTHPORT WATERLOO AC	M		67	00:50:52
67	87	00:51:06	Lynden	James	MERSEYSIDE POLICE SPORTS & SOCIAL	M		69	00:51:04
68	195	00:51:12	Mark	Robinson		M		70	00:51:09
69	347	00:51:17	Mike	Wheelhouse		M		68	00:50:54
70	108	00:51:20	Paul	Martin		M		66	00:50:52
71	241	00:51:33	Chris	Pownell		M		72	00:51:28
72	286	00:51:34	Emma	Simpson		F		71	00:51:12
73	276	00:52:00	Dale	Southern		M		75	00:51:58
74	127	00:52:04	Helen	Darnell		F		76	00:52:00
75	162	00:52:10	Amy	Barnes	ELLESMERE PORT RUNNING CLUB	F		73	00:51:42
76	314	00:52:16	Tony	Padmore		M	45	77	00:52:09
77	161	00:52:23	Dave	Hechle	LAKE SIDE MARINER RUNNING CLUB	M		74	00:51:55
78	175	00:52:35	David	Taylor		M	50	78	00:52:29
79	288	00:52:40	Kevin	Rathmell		M		79	00:52:30
80	217	00:52:45	Barry	Green		M		80	00:52:34
81	330	00:52:46	Claire	Northcote	STYAL RC	F	50	81	00:52:42
82	26	00:52:53	Paul	Wilkinson		M		88	00:52:52
83	360	00:52:54	Steven	Williams		M	40	85	00:52:48
84	356	00:52:58	Darren	Snell		M	50	86	00:52:50
85	294	00:53:00	Simon	Prescott	ELLESMERE PORT RUNNING CLUB	M		90	00:52:55
86	266	00:53:00	Guy	Lambert	SPECTRUM STRIDERS	M		82	00:52:45
87	56	00:53:01	Pete	Turkington		M	40	84	00:52:47
88	214	00:53:02	Jason	Mee	RUN IN ENGLAND	M		87	00:52:51
89	246	00:53:03	Amy	Davies	MERSEY TRI CLUB	F		91	00:52:56
90	321	00:53:07	Martin	Williams	WOODSMOOR	M	50	89	00:52:53
91	107	00:53:12	Nathan	Smith		M		83	00:52:46
92	235	00:53:16	Phil	Dabner		M	40	92	00:52:59
93	74	00:53:16	Andrew	Paterson		M		95	00:53:12
94	55	00:53:18	Camilla	Parry	CHESTER TRI CLUB	F		96	00:53:14
95	70	00:53:44	Zoe	Walkington		F	35	97	00:53:16
96	392	00:53:47	Matt	Oven		M		93	00:53:01
97	135	00:53:51	Richard	Hartley	BALANCED PERFORMANCE	M	40	100	00:53:43
98	385	00:53:55	Alex	Steer		M		94	00:53:09

Sheet1

99	78	00:53:59	Craig Boyd		M		98	00:53:32
100	313	00:54:08	Darren Maudsley	E RACERS	M		99	00:53:42
101	142	00:54:11	Helen Harding		F		102	00:54:02
102	320	00:54:13	James Gibb		M		103	00:54:03
103	197	00:54:14	Alan Harding	DELAMERE SPARTANS	M		104	00:54:07
104	3	00:54:15	Frances Bray		F		101	00:53:51
105	130	00:54:23	Kath Passmore		F		105	00:54:15
106	287	00:54:31	Ian Wanless	NORTH YORKSHIRE MOORS AC	M	45	108	00:54:21
107	101	00:54:36	Stephen Wall	LIVERPOOL RUNNING CLUB	M		109	00:54:24
108	192	00:54:37	Paul Jones	DELAMERE SPARTANS	M		111	00:54:31
109	339	00:54:45	Graham Howell	LIVERPOOL HARRIERS AC	M	60	113	00:54:43
110	366	00:54:49	Barry Chambers		M	55	112	00:54:38
111	45	00:54:51	Rosemary Rogers	DEESTRIDERS	F	60	115	00:54:48
112	251	00:54:52	William O'Brien		M	55	110	00:54:30
113	13	00:54:57	Russ Smith		M		106	00:54:15
114	376	00:54:58	Charlotte Brenan	ELLESMERE PORT RUNNING CLUB	F	35	114	00:54:44
115	259	00:54:59	Bernard Lally		M	45	107	00:54:17
116	67	00:55:01	Allan Edwards		M		116	00:54:57
117	341	00:55:04	Amanda Morris		F	35	117	00:54:58
118	277	00:55:32	Ian Ridgley		M	50	121	00:55:25
119	138	00:55:36	Charlotte Durand		F		118	00:55:10
120	296	00:55:36	Jon Hitchmough		M		120	00:55:20
121	382	00:55:47	E Maxfield		F		119	00:55:20
122	308	00:55:50	Neal Biddle		M		122	00:55:37
123	329	00:55:54	Andrew Rees		M		123	00:55:43
124	334	00:55:54	Sue O'Brian	WIDNES WASPS	F	50	124	00:55:46
125	204	00:55:55	Andrew Meadowcroft		M	40	125	00:55:47
126	223	00:56:06	Carole Jaszewski		F		129	00:56:03
127	222	00:56:06	Stephen Marron		M		128	00:56:03
128	154	00:56:11	Daniel Briney		M		126	00:55:50
129	77	00:56:12	Tony Smith		M	55	133	00:56:11
130	265	00:56:14	David Marsh	SOUTHPORT WATERLOO AC	M	50	134	00:56:11
131	300	00:56:19	Shane Knott	PENNY LANE STRIDERS	M		130	00:56:03
132	191	00:56:21	Paul Donnelly		M		136	00:56:14

Sheet1

133	163	00:56:29	Tony	Duffy		M		131	00:56:06
134	236	00:56:33	Stephen	Ruane		M	40	135	00:56:14
135	368	00:56:39	Robbie	Cole		M		132	00:56:10
136	257	00:56:42	Paul	Booth		M		127	00:56:00
137	35	00:56:46	Yvette	Walsh		F		142	00:56:43
138	114	00:56:53	David	Challenor		M	50	141	00:56:42
139	344	00:56:53	Nicola	Smith	ELLESMERE PORT RUNNING CLUB	F	45	139	00:56:39
140	369	00:56:58	John	Aruyn		M	40	144	00:56:50
141	365	00:57:00	Darren	Brown		M	40	138	00:56:33
142	49	00:57:01	James	Lutton		M		137	00:56:20
143	268	00:57:03	Elaine	Opara	VILLAGE ROAD RUNNERS	F		143	00:56:49
144	133	00:57:06	Daniel	Fitzgerald		M		140	00:56:42
145	278	00:57:24	Susan	Poole	SOUTH CHESHIRE HARRIERS	F	40	147	00:57:13
146	145	00:57:26	Peter	Hindle	CREDIT SUISSE ATHLETICS CLUB	M		146	00:57:12
147	121	00:57:34	Mark	Collier	LYMM RUNNERS	M	45	148	00:57:28
148	146	00:57:36	Matthew	Miller		M		145	00:57:04
149	106	00:57:40	Steve	Phillips		M	45	149	00:57:29
150	69	00:58:01	Gary	Fazackerley		M	40	150	00:57:40
151	364	00:58:07	Janet	Snow	VRAC	F	50	154	00:57:58
152	371	00:58:10	Stephanie	Jakeman	VRAC	F	40	155	00:58:02
153	4	00:58:11	Martin	Clayton		M	45	151	00:57:42
154	219	00:58:20	Heather	Winrow		F		152	00:57:42
155	304	00:58:24	Dan	Jardine		M		159	00:58:22
156	295	00:58:24	Joanna	Mascarenhas	SOUTH CHESHIRE HARRIERS	F	35	156	00:58:18
157	280	00:58:28	Dan	Petriello		M		153	00:57:55
158	30	00:58:38	Graeme	Bentham		M	40	157	00:58:18
159	110	00:58:41	Kate	Jasper		F		160	00:58:27
160	131	00:58:47	Peter	Cowley	LAKE SIDE MARINER RUNNING CLUB	M		158	00:58:20
161	185	00:58:48	Matthew	Gilbert	RUNNINGBUGS	M		161	00:58:29
162	307	00:58:52	Peter	Hamlett	NORTHERN VETERANS AC	M	45	162	00:58:38
163	153	00:58:55	Christopher	Hallworth		M		163	00:58:42
164	60	00:59:04	Angela	Cook	WEST CHESHIRE AC	F		164	00:58:49
165	319	00:59:06	John	Kelly		M		167	00:58:58
166	297	00:59:06	Neil	Hughes		M		165	00:58:50

Sheet1

167	348	00:59:07	Celia	Schroder		F	60	166	00:58:55
168	218	00:59:10	Victoria	Swain		F	40	169	00:59:03
169	104	00:59:14	Ian	Kirby		M	40	168	00:59:02
170	79	00:59:17	Michael	Derbyshire		M	40	171	00:59:12
171	159	00:59:39	Andy	Stanley		M	40	170	00:59:12
172	27	00:59:43	Wyn	Davies		M		174	00:59:37
173	171	00:59:51	Esther	Goodhead	SOUTH CHESHIRE HARRIERS	F	35	175	00:59:42
174	220	00:59:56	Ben	Milnes		M		172	00:59:18
175	240	01:00:01	Dave	Thomas		M	45	173	00:59:35
176	128	01:00:08	Susann	Wolfram		F		178	01:00:02
177	346	01:00:08	Anne	Kavanagh		F	45	177	00:59:52
178	325	01:00:21	Christopher	Baker		M		179	01:00:06
179	124	01:00:26	Mark	Robinson		M		181	01:00:14
180	254	01:00:32	Paul	Cawley		M		176	00:59:50
181	182	01:00:57	Kelly	Thorn		F	35	180	01:00:11
182	166	01:01:27	Sian	Leese		F		183	01:01:06
183	7	01:01:28	Helen	Mccrorie		F		185	01:01:19
184	8	01:01:28	Richard	Hewitt		M		186	01:01:19
185	126	01:01:28	Ruth	Brown		F	35	184	01:01:15
186	244	01:01:35	Carolyn	West	DELAMERE SPARTANS	F	40	188	01:01:29
187	381	01:01:38	Conor	Mcnamara		M		182	01:01:04
188	140	01:01:48	Martin	Catterall	WARRINGTON ROAD RUNNERS	M		190	01:01:41
189	212	01:01:51	Colin	Tucker		M	40	187	01:01:20
190	88	01:01:52	Rebecca	Skade		F		189	01:01:36
191	333	01:02:06	Gillian	Green		F	45	192	01:01:56
192	355	01:02:13	David	Smith		M	40	196	01:02:01
193	201	01:02:15	Michelle	Bird		F	35	197	01:02:12
194	9	01:02:16	David	Traxler		M		191	01:01:47
195	158	01:02:18	Sarah	Kirkbride		F	35	195	01:02:01
196	362	01:02:26	Claire	Bates		F		200	01:02:24
197	239	01:02:28	Gary	Story		M		193	01:01:58
198	61	01:02:28	Chris	Nutley		M		194	01:01:58
199	198	01:02:33	Tamara	Bailey		F	35	199	01:02:24
200	310	01:02:35	Sarah	Rogan		F		201	01:02:26

Sheet1

201	167	01:02:47	Robert	Fern		M		202	01:02:26
202	269	01:02:58	Amy	Covington	WIDNES WASPS	F		204	01:02:39
203	375	01:03:02	Helen	Johnson		F	40	210	01:02:53
204	255	01:03:04	Paula	Day	WIDNES WASPS LADIES	F	40	207	01:02:43
205	43	01:03:05	Philip	Ashworth		M		198	01:02:21
206	258	01:03:09	Anthony	Annibale		M	45	203	01:02:27
207	115	01:03:10	Alan	Gregson		M		206	01:02:43
208	322	01:03:16	Nicola	Williams	WOODSMOOR	F	40	211	01:03:02
209	226	01:03:22	Jane	Mccarthy	LIVERPOOL RUNNING CLUB	F	40	213	01:03:10
210	331	01:03:23	Georgina	Woods		F	35	205	01:02:40
211	125	01:03:23	Emma	Huddleston		F		212	01:03:05
212	64	01:03:25	Joanne	Gatcliffe		F	35	214	01:03:14
213	94	01:03:26	Sally	Rustige		F	35	208	01:02:51
214	224	01:03:26	John	Nugent		M		209	01:02:51
215	302	01:03:34	Shelly	Kemp	PENNY LANE STRIDERS	F		216	01:03:17
216	227	01:03:37	Hiliary	Greenhalgh	LIVERPOOL RUNNING CLUB	F	45	217	01:03:25
217	32	01:03:44	Tim	Hughes		M		219	01:03:41
218	176	01:03:52	Jude	Peck		F	35	215	01:03:14
219	316	01:03:53	Louise	Curtis		F	45	220	01:03:42
220	134	01:03:54	Paula	Harriss		F	45	218	01:03:26
221	33	01:04:00	Xana	Page	CHESTER TRI CLUB	F		222	01:03:56
222	90	01:04:05	Nan	Roberts		F	40	223	01:04:00
223	213	01:04:18	Sean	Tucker		M		221	01:03:48
224	36	01:04:20	Philip	Rowlands		M		225	01:04:16
225	354	01:04:28	David	Mcilroy		M		224	01:04:07
226	349	01:04:46	Barry	Sims		M	40	227	01:04:34
227	350	01:04:46	Bernadette	Sims		F	40	228	01:04:34
228	299	01:04:53	Frankie	Smith		M	40	226	01:04:22
229	380	01:05:18	V	Fearn		M		229	01:04:45
230	383	01:05:20	Helen	Duffell		F	30	230	01:04:52
231	379	01:05:38	Karen	Stopforth		F	40	231	01:05:11
232	21	01:05:51	Mike	Davies		M	50	232	01:05:14
233	237	01:05:52	Keith	Rotheram		M	50	233	01:05:33
234	83	01:06:01	Rowena	Eakins		F		234	01:05:39

Sheet1

235	98	01:06:11	Damien	O'Kane		M		235	01:05:41
236	323	01:06:11	Sarah	Flynn	WOODSMOOR	F		237	01:05:57
237	123	01:06:20	Wendy	Roberts		F	40	239	01:06:13
238	326	01:06:23	Jana	Orth	E RACERS	F		236	01:05:57
239	273	01:06:27	Shaun	Kearon		M	45	240	01:06:18
240	283	01:06:34	Stella	Kuit		F		238	01:06:00
241	80	01:06:46	Catherine	Sharman		F	35	242	01:06:46
242	249	01:06:49	Rod	Heywood	100 MARATHON CLUB	M	65	241	01:06:26
243	59	01:07:13	Peter	Larkin		M	50	244	01:07:07
244	136	01:07:28	Mark	Bennett		M	40	243	01:06:54
245	378	01:07:44	Andrew	Sefton		M		248	01:07:36
246	181	01:07:52	Paul	Edwards	WREXHAM A.C.	M	45	245	01:07:14
247	156	01:08:00	Sarah	Garton		F	35	246	01:07:28
248	1	01:08:00	Kevin	Brown		M		249	01:07:42
249	11	01:08:03	Tim	Astle	ELLESMERE PORT RUNNING CLUB	M	40	247	01:07:32
250	196	01:08:10	Rebecca	Rushton		F		251	01:08:01
251	40	01:08:11	Tracy	Pugh		F	35	252	01:08:06
252	303	01:08:13	Amanda	Garner		F		253	01:08:07
253	24	01:08:17	Claire	Shaw		F	40	250	01:07:58
254	29	01:08:26	Gary	Houghton		M	45	257	01:08:21
255	262	01:08:30	Debbie	Wilson		F	40	256	01:08:20
256	184	01:08:31	Beccy	Purcell	RUNNINGBUGS	F		255	01:08:12
257	335	01:08:33	Jenny	Taylor		F	55	254	01:08:08
258	285	01:08:47	Deb	Connell		F	45	259	01:08:28
259	229	01:08:54	Patricia	Wright		F	60	258	01:08:26
260	315	01:09:13	Louise	Padmore		F	40	263	01:09:06
261	58	01:09:27	Susan Jean	Billington		F	35	260	01:09:05
262	57	01:09:27	Brian	Billington		M	45	262	01:09:06
263	169	01:09:31	Amanda	Blades		F		261	01:09:05
264	47	01:09:51	Jason	Phoenix		M	45	264	01:09:36
265	28	01:10:15	Sharon	Wilde		F	45	265	01:10:11
266	373	01:10:28	Nicola	Bowman		F	40	270	01:10:23
267	374	01:10:28	Jo	Osborne		F		269	01:10:22
268	10	01:10:48	Anita	Hall	WIDNE WASPS LADIES RUNNING CLUB	F	40	266	01:10:16

Sheet1

269	102	01:10:48	Elaine	Edwards		F	45	267	01:10:16
270	151	01:10:49	Fiona	Ellis		F		268	01:10:18
271	160	01:11:20	Damian	Lodge		M		271	01:10:41
272	279	01:11:45	Gursaran	Purewal		F		272	01:11:22
273	150	01:12:15	Claire	Atkinson		F	35	273	01:12:01
274	119	01:12:20	Carice	Gunton		F	40	275	01:12:05
275	17	01:12:41	Robert	Jones		M		274	01:12:02
276	31	01:12:56	Helen	Moore		F		277	01:12:27
277	54	01:12:56	Lauren	Gibson		F		278	01:12:27
278	18	01:13:06	Claire	Ash		F		276	01:12:27
279	187	01:13:25	Parry	William		F	50	279	01:13:07
280	353	01:13:55	Michael	Flaherty		M		280	01:13:34
281	272	01:13:56	Steven	Garnett		M		281	01:13:35
282	292	01:14:12	Kelly	Lavender-Smith		F	35	283	01:13:56
283	264	01:14:12	Jayne	Blyth	ELLESMERE PORT RUNNING CLUB	F		282	01:13:56
284	148	01:14:21	Hunter	Lyden		M		286	01:14:16
285	147	01:14:24	Katie	Wray		F		289	01:14:20
286	293	01:14:39	Samantha	Burke		F	40	284	01:14:05
287	22	01:14:43	Lesley	Doherty		F	50	292	01:14:35
288	143	01:14:46	Lisa	Scobbie		F	40	285	01:14:08
289	233	01:14:50	Dawn	Schofield		F	45	288	01:14:20
290	170	01:14:53	Rachel	Leach	MOSSLEY HILL	F		287	01:14:19
291	336	01:15:00	Elaine	Taylor		F	55	290	01:14:34
292	312	01:15:00	Debbie	Green		F	45	291	01:14:35
293	99	01:15:11	Neil	Carney		M	45	293	01:14:36
294	100	01:15:12	Jennifer	Oates		F		294	01:14:37
295	203	01:15:24	Kylie	Taylor		F		295	01:14:53
296	186	01:17:28	Bernadette	Parry		F		296	01:17:10
297	242	01:17:39	Sharon	Leigh		F	50	297	01:17:12
298	50	01:17:49	Caroline	Hamer		F		298	01:17:40
299	52	01:17:49	Jennifer	Allsop		F		299	01:17:40
300	289	01:18:22	Carolann	Mason	CROSBY LAKESIDE	F	45	300	01:17:52
301	281	01:19:38	Claire	Mccourt		F		301	01:19:16
302	327	01:19:51	Joanne	Davis	LIVERPOOL RUNNING CLUB	F		302	01:19:27

Sheet1

303	256	01:19:57	Karen	Lovatt		F	45	303	01:19:39
304	14	01:20:22	Ian	West		M	40	304	01:19:48
305	332	01:20:31	Lynne	Partington		F	45	307	01:20:19
306	117	01:20:32	Mhari	Oakes		F		305	01:20:18
307	118	01:20:32	Nikki	Bebbington		F		306	01:20:19
308	84	01:21:08	Lorna	Kelly		F		308	01:20:46
309	120	01:21:17	Val	Everall		F	40	309	01:21:02
310	205	01:21:57	Jennie	Burke		F	40	310	01:21:20
311	207	01:21:58	Ailsa	Wright		F	45	311	01:21:21
312	68	01:22:37	Mike	Edwards		M		312	01:22:27
313	149	01:23:50	Paul	Willgoss	IRON HEART RACING	M		313	01:23:12
314	72	01:24:58	Leah	Doyle		F		314	01:24:35
315	41	01:24:58	Sharon	Meakin		F	40	316	01:24:53
316	200	01:25:10	Joanne	Heathcote		F		315	01:24:48
317	208	01:26:33	Emma	Wright		F	45	317	01:25:55
318	157	01:28:23	Natalie	Johnson		F		318	01:27:43
319	206	01:29:04	Anna	Steinmann		F	45	319	01:28:28