

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	0:34:40	TURNER, Paul	Elswick Harriers	All Men	183	1
2	0:35:25	LONGMAN, Lucas	Heaton Harriers	All Men	211	2
3	0:35:28	SMITH, Mark	Aberystwyth	All Men	210	3
4	0:35:43	DUFFY, Patrick	Crook & District AC	All Men	222	4
5	0:36:12	ROPER, Paul	Sunderland Strollers	Under 55 Men	215	5
6	0:36:14	MCGRATH, Ian	Crook & District AC	All Men	206	6
7	0:36:15	LOWERY, Keith	Unattached	Under 50 Men	73	7
8	0:36:22	STEPHENS, John	Low Fell	Under 55 Men	171	8
9	0:36:34	WAKEFIELD, David	South Shields Harriers & AC	All Men	187	9
10	0:37:32	OAKES, Karl	Birtley A.C	Under 45 Men	98	10
11	0:37:34	WAKEFIELD, David	South Shields Harriers & AC	Under 45 Men	136	11
12	0:37:38	THORPE, Graeme	Sunderland Strollers	All Men	177	12
13	0:37:43	TAIT, Ted	Durham City Harriers	Under 55 Men	129	13
14	0:37:45	FORSTER, Ben	South Shields Harriers & AC	All Men	188	14
15	0:37:57	ALLSOP, Tim	Sunderland Strollers	Under 45 Men	3	15
16	0:38:02	RENNISON, Mick	Sunderland Strollers	Under 45 Men	239	16
17	0:38:05	WATSON, Jak	South Shields Harriers & AC	All Men	140	17
18	0:38:07	BURN, Andy	Unattached	All Men	160	18
19	0:38:09	WARREN, David	Low Fell	All Men	173	19
20	0:38:11	MARSHALL, Stephen	Durham City Harriers	Under 55 Men	80	20
21	0:38:37	ARTHUR, George	South Shields Harriers & AC	Under 50 Men	186	21
22	0:38:43	BLYTH, Kevin	Sunderland Strollers	Under 55 Men	182	22
23	0:39:03	BRADSHAW, Darren	Unattached	All Men	16	23
24	0:39:10	MORLEY, Sonia	Tynedale Harriers	Under 50 Ladies	97	24
25	0:39:24	FOX, Aiveen	Durham City Harriers	All Ladies	209	25
26	0:39:41	BAINBRIDGE, George	South Shields Harriers & AC	Under 45 Men	6	26
27	0:39:43	LISTER, Kevin	N.E.V.A.C	All Men	68	27
28	0:39:48	GALBRAITH, Keith	Burn Road	Under 55 Men	164	28
29	0:40:02	MORGAN, Peter	South Shields Harriers & AC	Under 55 Men	167	29
30	0:40:07	EMMETT, Kevin	South Shields Harriers & AC	Under 50 Men	35	30
31	0:40:19	ONEILL, Kevin	Sunderland Strollers	Under 50 Men	99	31
32	0:40:20	STOREY, Alan	Blaydon Harriers	Under 60 Men	128	32
33	0:40:22	MCGRATH, Shaun	Houghton AC	Under 50 Men	88	33
34	0:40:27	MCMAHON, Steven	Sunderland Strollers	All Men	85	34
35	0:40:34	DUNLOP, Paul	Sunderland Strollers	Under 50 Men	163	35
36	0:40:38	TINWELL, Steve	Unattached	Under 50 Men	132	36
37	0:40:42	DARBY, Adam	Unattached	All Men	184	37
38	0:40:52	BONE, Linda	South Shields Harriers & AC	Under 40 Ladies	203	38
39	0:41:16	JENKINS, Archie	Morpeth Harriers	Under 60 Men	58	39
40	0:41:18	BOOTH, Victoria	Sunderland Strollers	All Ladies	156	40
41	0:41:27	PHILLIPS, Sue	Darlington Harriers	Under 50 Ladies	105	41
42	0:41:59	REED, Kerry	Unattached	Under 40 Ladies	180	42
43	0:42:06	YOUNGSON, Graham	Loftus & Whitby AC	Under 60 Men	154	43
44	0:42:12	SHENTON, Fiona	Elvet Striders	Under 55 Ladies	121	44
45	0:42:19	ALEXANDER, Alan	Gateshead Harriers	All Men	2	45
46	0:42:24	SIMPSON, Kim	Durham City Harriers	All Ladies	193	46
47	0:42:34	BALMER, Jon	South Shields Harriers & AC	All Men	10	47
48	0:42:38	MILLER, Graeme	Sunderland Strollers	All Men	227	48
49	0:42:48	PARSONS, Ean	Sedgefield Harriers	Under 55 Men	231	49
50	0:42:57	STEWART, Darren	Unattached	Under 45 Men	127	50
51	0:43:01	ARMSTRONG, Michael	Sunderland Strollers	Under 50 Men	196	51
52	0:43:04	KYLE, Andrew	Unattached	All Men	179	52
53	0:43:08	TODD, Michael	South Shields Harriers & AC	All Men	185	53
54	0:43:11	PEARSON, K	Elvet Striders	All Ladies	102	54
55	0:43:14	RUSSELL, Simon	Unattached	All Men	119	55
56	0:43:21	WILSON, Eddie	South Shields Harriers & AC	Under 60 Men	150	56
57	0:43:26	SORLIE, Kevin	Unattached	All Men	123	57

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58	0:43:31	ODUO, Shaun	Blyth	Under 45 Men	216	58
59	0:43:33	MILLER, Lesley	Alnwick Harriers	Under 55 Ladies	96	59
60	0:43:37	BARHARIE, Claire	Sunderland Strollers	Under 40 Ladies	5	60
61	0:43:46	HARRISON, Andrew	Unattached	Under 45 Men	50	61
62	0:43:47	LIDDLE, Alexander	Blaydon Harriers	Under 60 Men	201	62
63	0:43:49	GOLD, Howard	Heaton Harriers	Under 70 Men	165	63
64	0:43:51	ROBSON, Dean	Sunderland Strollers	All Men	114	64
65	0:44:02	BALL, Rachel	Sunderland Strollers	All Ladies	8	65
66	0:44:08	SMITH, Kevin	Unattached	All Men	122	66
67	0:44:18	BENTLEY, Kelly	Houghton AC	Under 50 Ladies	12	67
68	0:44:26	WYATT, Pierre	Unattached	All Men	153	68
69	0:44:29	ROXBY, Angela	South Shields Harriers & AC	All Ladies	199	69
70	0:44:31	CRAIG, Bob	Road Runners Club	Under 55 Men	29	70
71	0:44:32	THIRLAWAY, Malcolm	Gateshead Harriers	Under 55 Men	172	71
72	0:44:37	RODGERS, Louise	Unattached	Under 40 Ladies	117	72
73	0:44:42	CATTERALL, Jason	Sedgefield Harriers	All Men	21	73
74	0:44:50	ROBSON, Alister	Elvet Striders	All Men	169	74
75	0:44:51	TWEDDLE, Lisa	Chester le Street	All Ladies	135	75
76	0:44:52	LONG, Gordon	Low Fell	Under 60 Men	70	76
77	0:44:53	PHILLIPS, Dean	Sunderland Harriers	Under 45 Men	235	77
78	0:44:57	GIBSON, Michael	Unattached	All Men	240	78
79	0:45:05	WATSON, Phil	Sunderland Strollers	Under 55 Men	229	79
80	0:45:05	YORSTON, Neil	South Shields Harriers & AC	All Men	174	80
81	0:45:05	FORSTER, Rebecca	South Shields Harriers & AC	All Ladies	39	81
82	0:45:05	HURST, George	South Shields Harriers & AC	Under 65 Men	55	82
83	0:45:12	THORN, Ronald	Saltwell Harriers	All Men	194	83
84	0:45:14	FORD, James	Jarrow & Hebburn AC	All Men	214	84
85	0:45:15	MILLAR, Chris	Low Fell	All Men	242	85
86	0:45:17	KILNER, Jo	Unattached	Under 50 Ladies	241	86
87	0:45:22	WEST, Alyson	Sunderland Strollers	Under 45 Ladies	144	87
88	0:45:29	WALLACE, Jonathan	Sedgefield Harriers	Under 45 Men	232	88
89	0:45:42	INGLEHEARN, Philip	Unattached	Under 55 Men	56	89
90	0:45:42	MCALINDEN, Gary	South Shields Harriers & AC	Under 45 Men	204	90
91	0:45:44	BUKE, Chris	Sunderland Strollers	Under 45 Men	217	91
92	0:46:01	GLANCY, Joe	Sunderland Strollers	Under 50 Men	41	92
93	0:46:06	WALKER, Mike	Gosforth Harriers	Under 70 Men	137	93
94	0:46:13	DOIDGE, Bill	Low Fell	Under 65 Men	31	94
95	0:46:19	BRUCE, Claire	Morpeth Harriers	Under 45 Ladies	19	95
96	0:46:20	LEES, John	Billingham	Under 55 Men	65	96
97	0:46:23	STANLEY, Cheryl	Low Fell	All Ladies	219	97
98	0:46:24	PURVIS, Alan	Unattached	Under 45 Men	108	98
99	0:46:30	HANSON, Patrick	Unattached	Under 50 Men	49	99
100	0:46:35	BALMER, Bob	South Shields Harriers & AC	Under 70 Men	9	100
101	0:46:38	KISZOW, Stephen	Sunderland Strollers	All Men	178	101
102	0:46:47	HOGG, Ian	Unattached	Under 45 Men	166	102
103	0:46:51	KIRK, Bill	Sunderland Strollers	Under 60 Men	63	103
104	0:47:01	WILKES, Russell	Unattached	All Men	149	104
105	0:47:01	POTTER, Arthur	South Shields Harriers & AC	Under 70 Men	107	105
106	0:47:21	WATSON, Paul	Unattached	Under 45 Men	141	106
107	0:47:22	WEST, Paul	Sunderland Strollers	Under 50 Ladies	145	107
108	0:47:23	GUTCHER, Suzanne	South Shields Harriers & AC	Under 40 Ladies	44	108
109	0:47:26	REDFORD, Paul	Unattached	Under 45 Men	110	109
110	0:47:32	CHAMPION, Joy	Sunderland Strollers	Under 50 Ladies	22	110
111	0:48:02	LEWINS, Paul	Sunderland Strollers	Under 45 Men	67	111
112	0:48:05	WATT, Kathryn	Sunderland Harriers	All Ladies	142	112
113	0:48:07	BONE, Alan	South Shields Harriers & AC	Under 65 Men	15	113
114	0:48:08	BUNN, Michael	Jarrow & Hebburn AC	Under 55 Men	20	114
115	0:48:09	MCGHEE, Jame	Billingham	Under 50 Men	200	115
116	0:48:10	TINN, John	Sunderland Strollers	Under 50 Men	131	116
117	0:48:11	LESLIE, Elaine	Unattached	Under 45 Ladies	66	117

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118	0:48:15	HILLER, A	Unattached	Under 65 Men	223	118
119	0:48:26	WATSON, Lesley	Sunderland Strollers	Under 50 Ladies	228	119
120	0:48:42	PARR, Sharon	Chester le Street	Under 60 Ladies	100	120
121	0:48:53	CHARLTON, Chris	Unattached	All Men	202	121
122	0:48:59	JOSEPHS, John	Heaton Harriers	Under 70 Men	59	122
123	0:49:00	REED, Derek	Tynedale Harriers	Under 45 Men	181	123
124	0:49:02	DUDGEON, Jon	Unattached	All Men	34	124
125	0:49:37	MASSON, Neil	Unattached	All Men	238	125
126	0:49:42	MILLBOURNE, Bill	Claremont Road Runners	Under 65 Men	95	126
127	0:49:43	MARTIN, Neil	Unattached	All Men	82	127
128	0:49:54	MCGARRY, David	Unattached	All Men	87	128
129	0:50:00	MARR, Lynne	Tynedale Harriers	Under 50 Ladies	79	129
130	0:50:12	BOWCOCK, Emma	Low Fell	All Ladies	157	130
131	0:50:25	WORRELL, Ian	Unattached	Under 50 Men	197	131
132	0:50:31	PASCOE, Barry	Jarrow & Hebburn AC	Under 70 Men	168	132
133	0:50:37	WAUGH, Brian	Unattached	Under 70 Men	143	133
134	0:50:38	DORANS, Deborah	Unattached	Under 45 Ladies	33	134
135	0:50:47	TODD, Nicola	Sunderland Strollers	Under 40 Ladies	133	135
136	0:50:52	MARTIN, D	Unattached	Under 70 Men	81	136
137	0:50:54	BARTRUM, Maureen	Alnwick Harriers	Under 45 Ladies	11	137
138	0:51:36	HUGHES, Sophie	North Shields Poly	All Ladies	190	138
139	0:51:40	AVERY, Ron	Sunderland Strollers	Under 65 Men	4	139
140	0:51:56	CADWGAN, Alun	Sunderland Strollers	Under 45 Men	213	140
141	0:52:02	LITTLE, Ashleigh	South Shields Harriers & AC	All Ladies	198	141
142	0:52:12	MASON, DENISE	Elvet Striders	All Ladies	83	142
143	0:52:13	NICHOLSON, George	Elvet Striders	Under 65 Men	207	143
144	0:52:15	GRENCIS, Peter	Unattached	Under 50 Men	226	144
145	0:52:21	MIDDLETON, Graham	Unattached	Under 65 Men	93	145
146	0:52:24	LUND, Simon	Morpeth Harriers	Under 45 Men	74	146
147	0:52:27	MEEK, Stephen	Unattached	Under 50 Men	91	147
148	0:52:31	LOUGH, Darren	Unattached	Under 45 Men	72	148
149	0:52:32	ROCHESTER, Helen	Unattached	All Ladies	116	149
150	0:52:58	BONE, Alison	South Shields Harriers & AC	Under 40 Ladies	212	150
151	0:53:06	GOLD, Pamela	Heaton Harriers	Over 60 Ladies	233	151
152	0:53:28	HANNAH, Michael	Unattached	All Men	48	152
153	0:53:28	LONG, David	N.E.V.A.C	Under 65 Men	69	153
154	0:53:31	PATRICK, Stan	Unattached	Under 60 Men	101	154
155	0:53:36	BROWN, Helen	Sunderland Strollers	Under 40 Ladies	18	155
156	0:53:37	CHECKLEY, Reg	Heaton Harriers	Under 75 Men	23	156
157	0:53:39	CLUGHEN, Susan	Sunderland Harriers	Under 60 Ladies	26	157
158	0:53:41	DONOGHUE, Morag	Alnwick Harriers	Under 45 Ladies	32	158
159	0:53:55	KILGOUR, Janette	Claremont Road Runners	Over 60 Ladies	61	159
160	0:53:56	KIRKUP, Suzanne	Chester le Street	Over 60 Ladies	64	160
161	0:54:33	EVANS, Mark	Unattached	Under 55 Men	218	161
162	0:54:37	WHITMORE, Dave	South Shields Harriers & AC	Under 75 Men	148	162
163	0:54:48	HISCOCK, Clare	Unattached	All Ladies	176	163
164	0:55:22	ZOCHIOU, Iren	Sunderland Strollers	Under 40 Ladies	155	164
165	0:55:37	STEPHENSON, John P	Crook & District AC	Under 70 Men	126	165
166	0:55:44	GREEN, Paul	Unattached	Under 50 Men	43	166
167	0:55:46	KIRK, Anne	Sunderland Strollers	Under 55 Ladies	62	167
168	0:55:50	MCANDREW, Kerry	Unattached	All Ladies	195	168
169	0:55:54	CRYER, Stephen	Unattached	Under 70 Men	162	169
170	0:55:57	BROWN, Amy	Unattached	All Ladies	17	170
171	0:56:00	MEGSON, Carol	Alnwick Harriers	Under 45 Ladies	92	171
172	0:56:02	PORTER, Joanne	Elvet Striders	Under 45 Ladies	106	172
173	0:56:12	MANIFOLD, Lynsey	Unattached	All Ladies	77	173
174	0:56:12	CLYNES, Christopher	Unattached	All Men	27	174
175	0:56:24	HANNAH, K	Unattached	Under 60 Men	47	175
176	0:56:42	ROUTLEDGE, George	Heaton Harriers	Under 65 Men	118	176
177	0:56:44	EWING, Laura	Unattached	All Ladies	37	177

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178	0:56:44	ALEXANDER, Aaron	Unattached	All Men	1	178
179	0:56:55	MCNEIL, Bill	Durham City Harriers	Over 75 Men	90	179
180	0:57:28	MCCORMICK, Kenny	Claremont Road Runners	Under 60 Men	86	180
181	0:57:46	GORDON, Leslie	Billingham	Under 70 Men	42	181
182	0:57:47	STIDOLPH, Dennis	Unattached	Under 65 Men	175	182
183	0:57:56	YUILL, Helen	Unattached	Under 45 Ladies	208	183
184	0:58:25	AITKEN, John	Sunderland Strollers	Under 55 Men	243	184
185	0:58:29	MCDONALD, Ken	South Shields Harriers & AC	Under 70 Men	84	185
186	0:58:38	EMMETT, Tracey	South Shields Harriers & AC	Under 45 Ladies	36	186
187	0:58:59	ROBERTS, Lisa	Unattached	All Ladies	112	187
188	0:59:11	MIDDLETON, Sean	South Shields Harriers & AC	Under 45 Men	94	188
189	0:59:30	STEWART, Craig	Tadcaster Harriers	Under 45 Men	234	189
190	0:59:58	GERARD, Barry	Birtley A.C	Under 50 Men	192	190
191	1:00:19	MCHUGH, Erin	Blackhill Bounders	All Ladies	89	191
192	1:00:24	STAPLEY, VIVIEN	Sunderland Strollers	Under 60 Ladies	125	192
193	1:00:31	WALSH, Sarah	North Shields Poly	Under 40 Ladies	189	193
194	1:01:09	BAIRSTOW, D	Unattached	Under 45 Men	7	194
195	1:01:16	CODLING, Ian	Thirsk & Sowerby	Under 75 Men	220	195
196	1:01:21	PREST, Alan	Quakers RC	Under 70 Men	205	196
197	1:03:13	COATES, Lloyd	Unattached	Under 45 Men	28	197
198	1:03:25	HAMILTON, Lisa	Unattached	Under 40 Ladies	46	198
199	1:03:25	WITHAM, Heather	Unattached	All Ladies	152	199
200	1:03:56	MAGALHAES, Jaqueline	Unattached	All Ladies	191	200
201	1:04:24	MUNDAY, Emma	Unattached	Under 40 Ladies	224	201
202	1:04:24	ATKINSON, Paula	Unattached	Under 40 Ladies	225	202
203	1:04:25	RODMAN, Emma	Unattached	Under 45 Ladies	230	203
204	1:06:12	CODLING, Marian	Thirsk & Sowerby	Over 60 Ladies	221	204
205	1:06:24	ROBSON, Jacquie	Elvet Striders	All Ladies	170	205
206	1:06:54	LONG, Jennifer	Sunderland Strollers	All Ladies	71	206
207	1:06:56	CLARK, Jill	Running4Women	Under 45 Ladies	24	207
208	1:08:20	BOYCE, Wendy	South Shields Harriers & AC	Under 45 Ladies	159	208
209	1:08:21	BOYCE, David	South Shields Harriers & AC	All Men	158	209
210	1:10:12	MCSHANE, Jo	Unattached	Under 40 Ladies	237	210
211	1:10:26	HARESHAPE, Alex	Unattached	All Men	236	211
212	1:16:05	CHAPMAN, Elaine	Unattached	Under 55 Ladies	161	212
213	1:16:06	PEARSON, Lorna	Claremont Road Runners	Under 45 Ladies	103	213

There were 213 finishers in the All Competitors category.