



Posn	No:	Name	Club	M/F	Age	Times	Race 3 Time	Diff.	Race 2 Time	Diff.	Race 1 Time	Diff.
						Drizzle, Low Wind	Windy, Overcast		Cold, Windy & Raining		Overcast, Dry	
1	311	Ian Lawton	Liverpool Harriers & AC	M	29	16.00						
2	63	Jack Christie	Liverpool Harriers & AC	M	16	16.06	18.26	-2.20			16.32	-0.26
3	330	James McNally	Penny Lane Striders	M	26	16.22						
4	331	Martin Swensson	Penny Lane Striders	M	35	16.23	16.18	0.05	16.25	-0.02		
5	61	Ian Wetherall	Sale Harriers	M	44	16.36						
6	230	Renton Bryan	Unattached	M	33	17.02						
7	196	Gary Bergin	Warrington AC	M	42	17.22						
8	184	Anthony Wilcox	Liverpool Running Club	M	49	17.37						
9	382	Kieran Birrell	Penny Lane Striders	M	26	17.41						
10	6	Callum Grant	Liverpool Harriers & AC	M	15	17.43	17.35	0.08	17.20	0.23	17.43	
11	166	Mark Davies	St Helens Sutton	M	34	17.51						
12	324	Owen Jones	Penny Lane Striders	M	23	17.57						
13	189	Steve McLean	Southport Waterloo AC	M	50	17.58						
14	105	Luke Parker	Penny Lane Striders	M	24	18.02						
15	193	Steve Lewis	Southport Waterloo AC	M	36	18.05						
16	53	Christopher Manning	Liverpool Harriers & AC	M	15	18.07	17.53	0.14	17.54	0.13		
17	103	Stephen Laker	Wirral AC	M	39	18.12						
18	192	Paul Schumann	Roby Runners	M	48	18.21	18.05	0.16	18.07	0.14	17.50	0.31
19	380	Nigel Grant	Penny Lane Striders	M	48	18.35	18.21	0.14			18.16	0.19
20	133	John Perry	Mersey Tri	M	??	18.43						
21	114	Lee Steele	Mersey Tri	M	37	18.49	18.32	0.17	18.51	-0.02		
22	295	David Quinn	Liverpool Harriers & AC	M	35	18.51	19.28	-0.37	18.57	-0.06	18.57	-0.06
23	384	Jon Paul Gibbons	Mersey Tri	M	29	18.54						
24	5	Simon Birtles	Mossley Hill AC	M	45	18.58						
25	299	Matthew Nelson	Southport Waterloo AC	M	52	19.04						
26	127	Charlotte Wilson	Liverpool Harriers & AC	F	22	19.07	19.04	0.03			18.59	0.08
27	179	Tom Peacock	Southport Waterloo AC	M	40	19.08						
28	305	Ian Russell	Penny Lane Striders	M	46	19.11						
29	64	Andrew Keeley	Penny Lane Striders	M	49	19.18						
30	247	Martin Hirrell	Penny Lane Striders	M	45	19.23	19.39	-0.16			19.37	-0.14
31	249	Derek Ashcroft	Penny Lane Striders	M	56	19.27			18.40	0.47	18.44	0.43
32	202	Mark Liptrot	St Helens Sutton	M	49	19.29						
33	69	Paul Cliff	Unattached	M	43	19.31	19.03	0.28	19.34	-0.03	19.45	-0.14
34	394	Robbie Collins	Penny Lane Striders	M	26	19.36						
35	89	Stephen McNicholas	Penny Lane Striders	M	46	19.44	19.29	0.15	19.25	0.19	19.56	-0.12
36	208	Mal Gordon	Penny Lane Striders	M	32	19.46					20.31	-0.45
37	300	Steve Pemberton	Penny Lane Striders	M	56	19.50	19.53	-0.03	20.21	-0.31	19.38	0.12
38	28	Stephen Maguire	Penny Lane Striders	M	35	19.59						
39	190	Tracey Peters	Southport Waterloo AC	F	29	19.59						
40	381	Gary Roberts	Penny Lane Striders	M	25	20.06	20.09	-0.03			20.03	0.03
41	110	Joseph Smith	Unattached	M	55	20.07	20.19	-0.12	20.44	-0.37	20.37	-0.30
42	389	Zoe Tarrach	Unattached	F	34	20.09						
43	99	Tim Fletcher	Penny Lane Striders	M	31	20.10	18.30	1.40	18.21	1.49	18.21	1.49
44	377	Mark Sullivan	Penny Lane Striders	M	21	20.14						
45	194	Craig Northover	Liverpool Harriers & AC	M	41	20.26	20.51	-0.25	21.16	-0.50	22.40	-2.14
46	360	Paul Brady	Penny Lane Striders	M	42	20.30	21.37	-1.07	22.39	-2.09		
47	393	Rob Cooper	Penny Lane Striders	M	31	20.31	19.54	0.37			19.52	0.39
48	74	Andrew Conway	Unattached	M	45	20.33	20.32	0.01	20.16	0.17	20.41	-0.08
49	397	Patrick Carroll	Liverpool Harriers & AC	M	??	20.33						
50	387	Andrew Delaney	Penny Lane Striders	M	28	20.42						

Course Records:

Men - Jonny Mellor Liverpool H 15.03 (2010)

Women - Jenny Clague, Liverpool H, 16.55 (2006)

Next Race : 2012 Watch this space ...

Sprints Software (07507 853112)



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						Drizzle, Low Wind	Windy, Overcast		Cold, Windy & Raining		Overcast, Dry	
51	379	Andrew Leslie	Penny Lane Striders	M	24	20.46	20.48	-0.02	21.05	-0.19		
52	306	Emma Lawton	Penny Lane Striders	F	29	20.47						
53	280	Marc Vincent	Penny Lane Striders	M	33	20.50						
54	297	Colin Dobbs	Penny Lane Striders	M	35	21.02	20.28	0.34	20.48	0.14		
55	391	Liam Hussey	Penny Lane Striders	M	20	21.03						
56	198	Sue Cooper	Southport Waterloo AC	F	58	21.08						
57	174	Tim Warn	Penny Lane Striders	M	61	21.09	20.40	0.29			21.05	0.04
58	270	Anthony Bleasdale	Northern Vets AC	M	57	21.11						
59	375	John Jensen	Penny Lane Striders	M	34	21.38			21.49	-0.11	22.19	-0.41
60	321	Natalie Cooper	Penny Lane Striders	F	26	21.39	21.42	-0.03	21.43	-0.04		
61	386	Richard Houston	Unattached	M	39	21.51			21.57	-0.06	23.11	-1.20
62	143	David Foulkes	Unattached	M	46	21.58	21.34	0.24	22.05	-0.07		
63	296	Jane Eardley	Penny Lane Striders	F	31	22.09	21.59	0.10	21.53	0.16	22.44	-0.35
64	390	Graham Hussey	Penny Lane Striders	M	47	22.12	23.41	-1.29	23.22	-1.10		
65	298	Mike Roxburgh	Penny Lane Striders	M	41	22.13	22.57	-0.44	23.12	-0.59	22.16	-0.03
66	199	Emma Kearney	Penny Lane Striders	F	36	22.14						
67	369	Andrew Stansfield	Penny Lane Striders	M	48	22.19	21.03	1.16	21.23	0.56	20.35	1.44
68	395	Lisa Davidson	Mersey Tri	F	40	22.23						
69	187	Sue O'Brien	Widnes Wasps	F	52	22.32						
70	188	Kevin Flanagan	Penny Lane Striders	M	32	22.35						
71	205	Tony Green	Liverpool Harriers & AC	M	54	22.38	22.39	-0.01	22.37	0.01		
72	191	Andrew Webster	Roby Runners	M	49	22.43			23.04	-0.21		
73	318	Keith Boyle	Penny Lane Striders	M	39	22.45	22.56	-0.11	23.19	-0.34	22.59	-0.14
74	396	Katie Lavin	Unattached	F	25	22.55						
75	138	Rachel Burke	Liverpool Running Club	F	16	22.56						
76	392	Shaun McGrath	Unattached	M	16	23.19						
77	385	John Allen	Unattached	M	28	23.20			21.15	2.05	23.11	0.09
78	341	Eamonn Brady	Penny Lane Striders	M	43	23.21			22.06	1.15	22.45	0.36
79	226	Chris Whelton	Penny Lane Striders	M	44	23.30	23.49	-0.19	24.00	-0.30		
80	200	Garry Friday	Penny Lane Striders	M	43	23.36						
81	139	Sue Burke	Liverpool Running Club	F	47	23.43						
82	218	John Topping	Unattached	M	46	23.58			25.16	-1.18		
83	388	Michael Reid	Unattached	M	??	24.04						
84	378	Karen Dalby	Liverpool Harriers & AC	F	48	24.11			23.54	0.17	23.28	0.43
85	91	Peter Morgan	Northern Vets AC	M	56	24.13						
86	90	Stan Erlam	St Helens Sutton	M	70	24.14	23.30	0.44	24.03	0.11		
87	265	Holly Suckling	Penny Lane Striders	F	23	24.17						
88	294	Mark Goulding	Unattached	M	31	24.27						
89	39	Dave Mangan	Penny Lane Striders	M	55	24.56						
90	197	Catherine Nevin	Penny Lane Striders	F	55	25.06	25.38	-0.32	26.10	-1.04	25.04	0.02
91	92	Tony Hewitson	Penny Lane Striders	M	67	25.21	25.54	-0.33				
92	383	Chris Carson	Penny Lane Striders	F	56	26.27					25.52	0.35
93	293	Anne Morrison	Unattached	F	46	27.03						
94	376	Alan Clarey	Mossley Hill AC	M	58	27.45	24.37	3.08	23.51	3.54	24.55	2.50
95	262	Kevin O'Brien	Penny Lane Striders	M	70	28.28	31.25	-2.57			30.01	-1.33
96	43	John Kenwright	Unattached	M	41	28.51						
97	153	Ronald Thornton	Unattached	M	70	30.17						