

Sunflowers 5k,3 February 2018; Race 100

Position	Name	Time	Club	Gender	Gender position
1	Ciaran Walsh	0:16'04.26	Southport Waterloo AC	M	1
2	Joseph Boden	0:16'11.88	Wallasey AC	M	2
3	Chris Pownell	0:16'13.38	Knowsley Harriers AC	M	3
4	Mark Wynne	0:16'26.45	Liverpool Pembroke Sefton AC	M	4
5	Mark Clair	0:16'33.96	Mersey Tri	M	5
6	Christopher Fance	0:16'50.28	Warrington AC	M	6
7	Tom O'Dowd	0:16'53.28	Knowsley Harriers AC	M	7
8	Ian Wetherall	0:16'53.88	Sale Harriers	M	8
9	Christian Harvey	0:17'12.85	Knowsley Harriers AC	M	9
10	Ashley Crawford	0:17'22.11		M	10
11	Jack Poland	0:17'26.10	Wallasey AC	M	11
12	Josh Keogh	0:17'31.16	Penny Lane Striders	M	12
13	David Wilson	0:17'36.04	St Helens Striders	M	13
14	Anthony Lawlor	0:18'21.04	Knowsley Harriers AC	M	14
15	Matthew Clair	0:18'26.62	Liverpool Running Club	M	15
16	Phil Riding	0:18'42.66	Penny Lane Striders	M	16
17	Dave Lawton	0:18'46.79	Liverpool Running Club	M	17
18	Mark Dodd	0:18'49.70	Ellesmere Port RC	M	18
19	John McLaren	0:18'52.81	Knowsley Harriers AC	M	19
20	Jenny Knass	0:19'01.26	Stockport Harriers	F	1
21	Steven Edwards	0:19'01.71	Ellesmere Port RC	M	20
22	Lisa Gawthorne	0:19'04.66	Liverpool Pembroke Sefton AC	F	2
23	Steve Irwin	0:19'11.63	Kirkby Milers	M	21
24	Luke Harrison	0:19'13.48	Penny Lane Striders	M	22
25	John Halson	0:19'21.24	Liverpool Pembroke Sefton AC	M	23
26	John Harrison	0:19'34.16	Ellesmere Port RC	M	24
27	Tim Grace	0:20'26.18	Mersey Tri	M	25
28	Alan Joyce	0:20'36.79	Knowsley Harriers AC	M	26

29	Richard Costain	0:20'45.85	Penny Lane Striders	M	27
30	Peter Sandford	0:20'53.32	Dallam Running Club	M	28
31	William John Jones	0:21'01.88	Knowsley Harriers AC	M	29
32	Andrew Glen	0:21'08.04	Knowsley Harriers AC	M	30
33	Angela Delaney	0:21'09.85	Kirkby Milers	F	3
34	Agata Rutkowska	0:21'14.48	Widnes Wasps	F	4
35	Robbie Wood	0:21'15.51	Liverpool Pembroke Sefton AC	M	31
36	Robert Moore	0:21'21.79	Knowsley Harriers AC	M	32
37	Jamie Brooke	0:21'22.91	Knowsley Harriers AC	M	33
38	Grant Davidson	0:21'32.32	Mersey Tri	M	34
39	Chris Wills	0:21'39.57	Knowsley Harriers AC	M	35
40	Jo Harrison	0:21'45.95	Penny Lane Striders	F	5
41	Graham Deane	0:21'47.54	Knowsley Harriers AC	M	36
42	Steve Pemberton	0:21'56.45	Penny Lane Striders	M	37
43	Jenny Grant	0:21'59.26	Liverpool Harriers	F	6
44	Tony Peacock	0:22'04.17	Penny Lane Striders	M	38
45	Nigel Grant	0:22'08.61	Penny Lane Striders	M	39
46	Graham Liu	0:22'16.73	Southport Waterloo AC	M	40
47	Christopher McElroy	0:22'23.58	Mossley Hill AC	M	41
48	Suzy Hamley	0:22'44.85	Knowsley Harriers AC	F	7
49	Sinead Cairns	0:22'50.82	Knowsley Harriers AC	F	8
50	Simon Rafferty	0:22'51.98		M	42
51	Rachael Holden	0:22'59.23	Helsby Running Club	F	9
52	Dave Downey	0:23'01.44		M	43
53	Susie Woodward-Moore	0:23'09.91	Helsby Running Club	F	10
54	John Dobie	0:23'21.41	Knowsley Harriers AC	M	44
55	Alan Spencer	0:23'22.51	Knowsley Harriers AC	M	45
56	Dawn Atherton	0:23'27.44	Knowsley Harriers AC	F	11
57	Aaron Ewans	0:24'15.72	Knowsley Harriers AC	M	46
58	Colin Ewans	0:24'17.56		M	47
59	Stuart Brandwood	0:24'29.43	Penny Lane Striders	M	48

60	Lisa Davidson	0:24'51.54	Mersey Tri	F	12
61	Billy Hargreaves	0:24'56.85		M	49
62	Andrea Marsh	0:25'08.04	Knowsley Harriers AC	F	13
63	Andrew Bradley	0:25'22.82	Knowsley Harriers AC	M	50
64	David Limbrick	0:25'31.12	Islwyn Running Club	M	51
65	Rachel Kuypers	0:25'32.63	Widnes Wasps	F	14
66	Rob Bricout	0:25'39.00	Clapham Chasers	M	52
67	Mike Welsby	0:26'16.35	Penny Lane Striders	M	53
68	Michael Gillespie	0:26'25.64		M	54
69	Claire Meadows	0:26'54.42	Penny Lane Striders	F	15
70	Chris Moor	0:27'10.48		M	55
71	Sian Kilty	0:27'10.88	Mossley Hill AC	F	16
72	Kathryn Horsley	0:27'11.79	Knowsley Harriers AC	F	17
73	Martin Weadock	0:27'43.67		M	56
74	Lee Yates	0:27'56.16	Knowsley Harriers AC	M	57
75	James Fletcher	0:28'10.45		M	58
76	Claudia McLean	0:28'11.76	Knowsley Harriers AC	F	18
77	Patrick Davidson	0:28'14.48	Mersey Tri	M	59
78	Onnor Hampson	0:28'20.16	Knowsley Harriers AC	F	19
79	Sharon Martin	0:28'33.73	Knowsley Harriers AC	F	20
80	Karen Irwin	0:28'57.54	Kirkby Milers	F	21
81	Jill Hudson-Browne	0:29'27.32	Knowsley Harriers AC	F	22
82	Paul Blaney	0:29'39.81		M	60
83	Clare Pascoe	0:29'41.41	Knowsley Harriers AC	F	23
84	Jim Garvey	0:29'47.50	Penny Lane Striders	M	61
85	Sue Towner	0:30'02.85	Penny Lane Striders	F	24
86	Agata Rutkowska	0:30'48.66	Widnes Wasps	F	25
87	Neil Spencer	0:30'51.66		M	62
88	Phil Robinson	0:30'53.14	Knowsley Harriers AC	M	63
89	Peter Davies	0:30'57.91	Mossley Hill AC	M	64
90	Abbey Swinney	0:30'58.84		F	26

91	Gemma McGreevey	0:31'27.07	Widnes Wasps	F	27
92	Russ Owens	0:32'39.13	Knowsley Harriers AC	M	65
93	Clare Jennings	0:33'00.91	Widnes Wasps	F	28
94	Stephanie Charman	0:33'16.77	Knowsley Harriers AC	F	29
95	Pauline Fielding	0:33'22.98	Penny Lane Striders	F	30
96	Susan Nevitt	0:33'51.33		F	31
97	Jayne Ellis	0:34'37.20	Knowsley Harriers AC	F	32
98	Lisbeth Owens	0:34'38.61	Knowsley Harriers AC	F	33
99	Ronald Thornton	0:34'39.36	Knowsley Harriers AC	M	66
100	Reena Dhopate	0:36'24.18	Knowsley Harriers AC	F	34
101	Jeanette Connor	0:37'22.83	Knowsley Harriers AC	F	35
102	Angela Joyce	0:38'18.29	Penny Lane Striders	F	36