

Position	Actual Time	Race No	Surname	First Name	Club Name	Category	Sex
1	00:17:35	28	Robinson	Simon	Preston Harriers		M
2	00:17:50	33	Carr	Sam	Pembroke & Sefton H AC		M
3	00:18:12	29	Foley	Lee	Preston Harriers		M
4	00:18:40	34	O'Hara	Connor			M
5	00:18:48	26	Rippingale	Jason	Blackburn Roa	V40	M
6	00:20:21	24	Corrigan	Charlotte	Hyndburn AC		F
7	00:20:40	25	Taylor	Joanne	Kendal AAC	V45	F
8	00:20:58	3	Annable	Richard	Skipton AC	V60	M
9	00:20:59	19	Moon	Steven	Red Rose Roac	V40	M
10	00:21:03	31	Wrigley	Michael	Trawden AC	V40	M
11	00:21:25	23	Webster	Graham	Lytham St Anr	V65	M
12	00:21:32	30	Wren	Jenny	Preston Harriers		F
13	00:21:57	11	Hellings	Terry	Lytham St Anr	V65	M
14	00:22:06	15	Howard	Adam	Trawden AC		M
15	00:22:17	213	Hartley	James	Lytham St Annes Road Runne		M
16	00:22:33	8	Duckett	Victoria	Preston Harrie	V40	F
17	00:23:00	242	Newby	Jak	Lancaster Uni RC		M
18	00:24:06	16	Littler	Alan	Preston Harrie	V75	M
19	00:26:18	22	Halhead	Gillian		V45	F
20	00:26:20	27	Barcroft	Anna	Blackburn Roa	V55	F
21	00:26:30	12	Hoggarth	Danny			M
22	00:26:50	21	Oulton	Greg	Lytham St Anr	V50	M
23	00:27:43	5	Bray	Michael	Lancaster & M	V65	M
24	00:28:44	35	Haworth	David		V40	M
25	00:29:26	14	Houghton	Emma		V35	F
26	00:29:38	18	Mazur	Donna	Blackburn Roa	V45	F
27	00:29:48	13	Hoggarth	Ammie			F
28	00:35:02	32	Wright	Susan		V40	F

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1	00:35:30	234	Lloyd	John	Salford Harrier	V40	M
2	00:37:40	237	oldfield	Martin	Darwen Dashe	V50	M

3	00:39:16	235 Annan	James	Settle Harriers V45	M
4	00:39:35	238 Baron	James	Helm Hill Harri V50	M
5	00:40:33	206 Cook	Adam		M
6	00:41:40	230 Thomas	Andy	Sandbach Stric V55	M
7	00:42:58	221 Lloyd	Peter	Lymm Runners V55	M
8	00:43:10	228 Rowley	Dave	V40	M
9	00:43:41	244 George	Jason	Stockport Harr V45	M
10	00:43:43	232 Yates	Steven	V45	M
11	00:45:02	207 Comall	Marissa	Garstang RC V35	F
12	00:46:10	243 March	James		M
13	00:46:52	226 Pagan	David	V70	M
14	00:48:07	210 Fraser	Neil	Blackburn Roa V45	M
15	00:49:36	236 Hargreaves	Julia	Settle Harriers V45	F
16	00:52:20	212 Fubini	Anna	V40	F
17	00:52:34	227 Reader	Hazel		F
18	00:52:35	205 Caswell	Phil		M
19	00:53:27	239 Smith	Gary		M
20	00:53:43	217 Lake	Alice	Lancaster Uni	F
21	00:54:31	222 Makinson	Sid	Blackburn Roa V40	M
22	00:54:49	240 Laughlin	Adam		M
23	00:56:43	229 Saunders	Mary	Alchester RC V35	F
24	00:58:38	233 Yates	Sean		M
25	00:59:46	241 Kenyon	Johanna	V35	F