

Position	Actual Time	Race No	Surname	First Name	Club Name
1	00:33:17	283	Cox	Jonathan	Eden Runners
2	00:33:31	65	Rooney	Blain	Border Harrier:
3	00:33:56	242	Allen	Matthew	Ryston Runner
4	00:35:34	44	Payne	Andrew	Ribble Valley F
5	00:36:02	309	French	John	Eden Runners
6	00:36:30	435	Smith	Richard	Leigh harriers
7	00:37:03	318	Gregory	Michael	
8	00:37:04	433	Simpson	Alex	Lancaster Uni
9	00:37:33	243	Annan	James	
10	00:37:37	249	Banks	Faye	Pontefract AC
11	00:37:54	50	Holding	Neil	Horwich RMI
12	00:37:55	400	Pearson	Daniel	Trawden AC
13	00:38:20	402	Pinon Shaw	Jose	Red Rose RR
14	00:38:51	71	Routledge	Calvin	Ambleside AC
15	00:38:56	485	Williams	Chris	Riversway RR
16	00:39:19	52	Baxter	Jack	
17	00:39:22	395	O'Donnell	Daniel	
18	00:39:49	241	Agnew	John	Fylde Coast Ru
19	00:39:53	387	Murphy	Josh	Todmorden Ha
20	00:39:58	436	Southward	Tom	Glaxo Hoad Hil
21	00:40:01	300	Evason	John	
22	00:40:06	481	Whelan	Amy	Glaxo Hoad Hil
23	00:40:42	63	Naylor	John	Red Rose RR
24	00:40:50	299	Evans	Catherine	Keswick AC
25	00:41:01	250	Barltrop	Callum	Lancaster Uni
26	00:41:15	493	Woodhead	David	Pudsey Pacers
27	00:41:46	53	Dale	Ian	Royton Road R
28	00:42:01	40	Beech	Paul	Blackpool Wyr
29	00:42:05	389	Navis	David	St Helens Stric
30	00:42:06	272	Chalfont	Michael	
31	00:42:07	296	Duncan	Richard	Lancaster Runi
32	00:42:17	393	Oakey	John	Eden Runners
33	00:42:22	70	Mackie	Paul	Lancaster & M
34	00:42:27	360	Lloyd	Peter	Lancaster Runi
35	00:42:37	474	Walker	David	Lancaster & M
36	00:42:39	275	Chapman	Geoffrey	
37	00:42:39	313	Gillyon	Jo	Keswick AC
38	00:42:41	407	Punton	Chris	Walney Wind C
39	00:42:52	450	Thomas	James	Walney Wind C
40	00:43:05	312	Gilleade-Smith	James	Lancaster Runi
41	00:43:37	495	Davies	David	
42	00:43:42	472	Walker	Lindsay	Keswick AC
43	00:43:47	443	Strange	Jonathan	Warrington RC
44	00:43:50	49	Walsh	Michael	Kendal AAC
45	00:44:05	48	Bridlie	John	Eden Runners
46	00:44:07	285	Cunniff	Peter	Wigan & Distri
47	00:44:34	68	Roy	Michael	Lancaster & M
48	00:44:48	66	Cobb	Jordan	
49	00:44:57	454	Tickle	Michelle	Blackpool Wyr
50	00:45:04	327	Harrison	Haydn	Bramley Breez
51	00:45:08	432	Simpson	James	Eden Runners
52	00:45:15	42	Oakes	Jackie	Burnden RR

53	00:45:23	37 Goddard	Louise	Lancaster & M
54	00:45:35	62 Hodgson	Ian	
55	00:45:38	247 Baker	Carol	Eden Runners
56	00:45:39	319 Grinbergs	Kerr	Eden Runners
57	00:45:48	458 Travis	Heather	Glaxo Hoad Hi
58	00:45:49	464 Urban	David	
59	00:46:10	36 Goddard	Ade	
60	00:46:11	399 Patel	Mumtaz	Burnden RR
61	00:46:23	413 Rennie	Nicola	Lancaster Uni
62	00:46:32	246 Baker	Ken	Eden Runners
63	00:47:00	350 Kidd	Olivia	Eden Runners
64	00:47:08	295 Driver	Karen	Trawden AC
65	00:47:12	64 Clarkson	Alan	Clayton le Moc
66	00:47:20	471 Walker	Andrew	Eden Runners
67	00:47:34	457 Townley	Philip	Lancaster Run
68	00:47:40	434 Singleton	Amanda	Eden Runners
69	00:47:41	261 Bridge	Karen	Eden Runners
70	00:47:43	290 Dawson	Bronwyn	
71	00:47:46	451 Thorburn	Richard	
72	00:47:52	419 Saager	Paul	Eden Runners
73	00:47:58	254 Bentham	Thomas	
74	00:48:29	320 Hall	Lynsey	Lancaster Run
75	00:48:32	337 Howse	Kevin	
76	00:48:34	47 Smithers	Benjamin	Red Rose RR
77	00:48:57	455 Tidbury	Wade	Eden Runners
78	00:48:58	325 Harrison	Cheryl	Bramley Breez
79	00:49:05	326 Harrison	Don	Bramley Breez
80	00:49:16	323 Hardie	Daniel	
81	00:49:36	370 Mason	Cloey	Barlick Fell Ru
82	00:49:54	388 Myers	Kris	
83	00:49:55	492 Hoyer	Kath	Wesham RR
84	00:49:56	408 Raeburn	Donna	Eden Runners
85	00:50:03	324 Hargreaves	Julia	
86	00:50:04	422 Seward	Kelly	Lancaster Run
87	00:50:32	282 Collins	Clare	
88	00:50:47	330 Hebdige	Claire	
89	00:50:57	51 Moore	John	Halifax Harrier
90	00:51:05	262 Briffett	Colin	
91	00:51:14	414 Richardson	Carl	
92	00:51:20	38 Scarr	Simon	Blackpool Wyr
93	00:51:25	259 Brass	Simon	
94	00:51:37	273 Chambers	Jennifer	Fylde Coast Ru
95	00:51:45	311 Gilchrist	Jade	
96	00:51:46	452 Thornton	Faye	
97	00:51:46	375 McCann	Joel	
98	00:51:49	480 Wheeler	Sineadh	
99	00:51:50	302 Faulder	Lewis	
100	00:52:05	58 Clucas	John	Blackburn Roa
101	00:52:08	278 Cookson	Martin	
102	00:52:11	401 Percival	Darren	
103	00:52:15	351 King	Julia	Eden Runners
104	00:52:23	43 Sherrington	Melanie	Runnung 4CF
105	00:52:29	280 Cody	Kay	Lancaster & M

106	00:52:37	252 Bean	Gemma	
107	00:52:41	334 Hierons	Nigel	Eden Runners
108	00:52:41	357 Treloar	Charlotte	Eden Runners
109	00:52:56	301 Farmer	Stuart	
110	00:53:23	67 Lewis	Helena	Lancaster & M
111	00:53:28	39 Thistlethwaite	Andrew	
112	00:53:36	488 Wright	Sarah	Eden Runners
113	00:53:56	412 Reid	Beth	
114	00:54:01	303 Ferris	Shane	
115	00:54:05	315 Gore	Vicky	Wesham RR
116	00:54:26	431 Silson	Gillian	Eden Runners
117	00:54:30	314 Gonnella	Lucy	
118	00:54:31	286 Cunniff	Cheryl	
119	00:54:46	342 James	Kate	
120	00:55:28	258 Braithwaite	Claire	
121	00:55:47	381 Metcalf	Beth	
122	00:55:59	397 Osman	Dawn	
123	00:56:00	245 Atkinson	Emma	
124	00:56:05	54 Heywood	Jillian	Royton Road R
125	00:56:09	453 Thorpe	Rebecca	
126	00:56:10	447 Swann	Stuart	
127	00:56:10	405 Potter	Lydia	
128	00:56:10	257 Blakey	Maria	
129	00:56:11	339 Iversen	Rebecca	
130	00:56:11	497 No	Name	
131	00:56:16	437 Stead	Rebecca	
132	00:56:20	491 Waywell	Dave	Wesham RR
133	00:56:34	271 Caulfield	Nicola	
134	00:56:35	347 Kelly	Claire	
135	00:56:42	366 Magee	Tracey	Preston Harrie
136	00:56:43	55 Lonergan	Terry	Barlick Fell Ru
137	00:56:43	358 Leeman	Rachel	
138	00:56:44	293 Dobson	Michael	
139	00:56:50	459 Trotman	Catherine	
140	00:56:53	369 Martin	Carla	
141	00:56:53	368 Malkin	Alan	
142	00:56:57	291 Day	Shelley	
143	00:56:57	292 Day	Steve	
144	00:57:10	307 Flanagan	Garry	
145	00:57:12	373 Mayor	Steve	
146	00:57:19	248 Balshaw	Ian	Lytham St Ann
147	00:57:21	322 Hannah	Sharon	
148	00:57:23	352 Kingshott	Paul	
149	00:57:24	473 Walker	Christine	Lytham St Ann
150	00:57:30	321 Hall	Michael	Holmfirth Harr
151	00:57:33	448 Sweeney	Sinead	Preston Harrie
152	00:57:33	57 Curran	Candice	
153	00:57:34	462 Turner	Pauline	
154	00:57:34	56 Smith	Cerl	
155	00:57:57	438 Steele	Fiona	
156	00:58:20	429 Shepherd	Rebecca	Lancaster Runi
157	00:58:23	354 Knowles	Laura	Lancaster Runi
158	00:58:27	467 Wain	Terry	

159	00:58:29	444 Sullivan	Lorna	
160	00:58:33	279 Clarkson	Susan	
161	00:58:36	345 Dent	Joanna	
162	00:58:40	483 White	Patricia	
163	00:58:40	255 Bettson-Burde	Claudia	
164	00:58:42	362 Lobb	Terry	Fylde Coast Ru
165	00:58:42	332 Hetherington	Nadine	Fylde Coast Ru
166	00:58:43	428 Shepherd	Sarah	
167	00:58:46	476 Walker	Nickola	Blackpool Wyr
168	00:58:47	394 Oakey	Emma	Eden Runners
169	00:58:52	267 Bunting	Debra	Lancaster & M
170	00:59:39	310 Fuller	Amanda	Blackpool Wyr
171	00:59:41	446 Swan	Jude	
172	00:59:43	379 Mercer	Andrew	
173	01:00:20	415 Roberts	Maureen	Lancaster Run
174	01:00:23	380 Merrill	Julie Anne	
175	01:00:24	411 Reece	Emily	
176	01:00:32	284 Creed	Lisa	
177	01:00:35	61 Ryan	Michael	
178	01:00:41	329 Hawkrigg	Karen	
179	01:00:59	41 Chappeltew	Mary	Eden Runners
180	01:01:18	45 Hewton	Di	
181	01:01:30	361 Lloyd	Bill	
182	01:01:45	346 Johnson	Sarah	
183	01:01:51	331 Hesketh	Jennifer	
184	01:02:38	266 Bullett	Madeleine	
185	01:02:59	426 Shaw	Hannah	
186	01:02:59	427 Shaw	Anthony	
187	01:03:56	418 Ryan	Jill	
188	01:03:56	376 McGlinchey	Gemma	
189	01:04:11	489 Wright	Sarah	Lancaster & M
190	01:04:27	340 Jackman	Margaret	
191	01:05:18	456 Tidbury	Fiona	Eden Runners
192	01:05:38	424 Sharrock	Tracey	Blackpool Wyr
193	01:05:41	263 Brookes	Richard	
194	01:05:51	253 Bantham	Lesley Anne	
195	01:06:22	382 Milner	Rebecca	
196	01:06:24	465 Veevers	Paula	
197	01:08:54	442 Stevenson	Christopher	
198	01:08:55	441 Stevenson	Claire	Bentham Beag
199	01:09:30	430 Silson	Shaun	Eden Runners
200	01:10:12	392 Noble	Nicola	
201	01:10:15	46 Stapleton	Linda	Lancaster & M
202	01:11:15	374 McCabe	Liza	
203	01:11:54	463 Underwood	Lorraine	
204	01:11:54	69 Underwood	Philip	
205	01:12:56	440 Steele	Helen	
206	01:12:56	439 Steele	Rob	
207	01:12:58	391 Newby	Melanie	
208	01:13:08	416 Rowley	Claire	
209	01:13:10	264 Brooks	Emma	Lancaster & M
210	01:13:23	490 Young	Jessica	
211	01:13:24	281 Collins	Katie	

212	01:14:21	304 Fisher	Tracey	Warrington RC
213	01:14:21	349 Kemp	James	
214	01:14:21	305 Flanagan	Dave	
215	01:14:23	486 Williams	Hazel	Warrington RC
216	01:14:23	270 Cartwright	Rachel	Warrington RC
217	01:14:24	348 Kemp	Lucy	Warrington RC
218	01:14:26	478 Weaver	Caroline	Warrington RC
219	01:14:27	468 Walker	Andy	Warrington RC
220	01:14:28	423 Shankland	Chloe	Warrington RC
221	01:14:30	403 Plevin	Louise	Warrington RC
222	01:14:30	333 Hibbitts	John	Warrington RC
223	01:14:33	477 Walton	Phil	Warrington RC
224	01:14:33	59 Lloyd	Lisa	Warrington RC
225	01:14:33	60 Hughes	Carole	Warrington RC
226	01:14:37	316 Grace	Jennifer	Warrington RC
227	01:14:37	469 Walker	Tracey	Warrington RC
228	01:14:37	406 Preston	Trish	Warrington RC
229	01:14:40	287 Daniels	Mark	Warrington RC
230	01:14:40	404 Plumb	Lindsay	Warrington RC
231	01:14:40	317 Grace	Antony	Warrington RC
232	01:14:58	260 Brett	Aimee	
233	01:15:06	294 Dring	Helen	
234	01:15:41	445 Suthers	Sarah	Darwen Dashe
235	01:15:41	470 Walker	Scott	Darwen Dashe
236	01:16:15	356 Lee	Naomi	
237	01:16:15	398 Padfield	Alice	
238	01:17:08	277 Clarke	Hayley	
239	01:17:12	335 Hodges	Stephen	
240	01:17:52	475 Walker	Linda	Lancaster & M
241	01:18:58	396 Oldham	Audrey	
242	01:20:12	372 Maudsley	Emma	
243	01:21:20	328 Hatton	Imelda	Lancaster & M
244	01:22:46	425 Shaw	Helen	Warrington RC
245	01:22:46	482 White	Jo	Warrington RC
246	01:22:55	359 Little	Fiona	Blackpool Wyr
247	01:23:03	338 Hoyle	Kathryn	
248	01:25:07	308 Fletcher	Nin	
249	01:26:14	385 Mulligan	Ramona	Red Rose RR

Category	Sex
	M
s	M
V40	M
V40	M
	M
	M
V40	M
RC	M
V45	M
V35	F
V55	M
	M
V50	M
V45	M
V50	M
	M
V40	M
inners	M
rriers	M
ll Harriers	M
	M
ll Harriers	F
	M
V35	F
RC	M
V40	M
V50	M
V40	M
lers	M
V45	M
ners	M
V45	M
V45	M
ners	M
V55	M
	M
V40	F
heethahs	M
heethahs	M
ners	M
	M
V35	F
:	M
V65	M
V50	M
V40	M
orecambe	M
	M
V40	F
ers	M
	M
V45	F

V50	F
	M
V50	F
V40	F
V40	F
	M
V40	M
V45	F
RC	F
V55	M
	F
V45	F
V60	M
V55	M
V50	M
V45	F
V45	F
	F
V40	M
V65	M
V40	M
V40	F
V50	M
	M
V55	M
V50	F
V50	M
	M
V40	F
V45	M
V55	F
V40	F
V45	F
V35	F
V40	F
V35	F
V45	M
V45	M
V55	M
V50	M
	M
V35	F
	F
	F
	M
V35	F
	M
V55	M
	M
	M
V65	F
V35	F
V35	F

	F
V45	M
	F
V40	M
V50	F
V50	M
V40	F
	F
V40	F
V40	F
V55	F
	F
V35	F
V45	F
	F
	F
V40	F
V40	F
V45	F
V35	F
V50	M
	F
V60	F
	F
	M
	F
V70	M
V35	F
	F
V40	F
V65	M
	F
	M
	F
V35	F
V45	M
V35	F
V45	M
V55	M
	M
V50	M
V45	F
V40	M
V45	F
V55	M
V45	F
V35	F
	F
V40	F
	F
ners	F
V45	F
V60	M

V35	F
V35	F
V45	F
V55	F
	F
V50	M
V40	F
V40	F
V45	F
V45	F
V55	F
V40	F
V35	F
	M
V60	F
V35	F
V40	F
V35	F
V50	M
V40	F
V45	F
V65	F
V60	M
	F
	F
	F
	F
	M
V45	F
V35	F
V45	F
V45	F
V55	F
V35	F
V65	M
V45	F
V35	F
V35	F
V40	M
V40	F
V55	M
	F
V70	F
V40	F
	F
V40	M
	F
	M
V40	F
V45	F
V50	F
	F
	F

V45	F
	M
V45	M
V50	F
V40	F
:	F
V50	F
V45	M
:	F
:	F
V40	M
V40	M
V45	F
V50	F
V35	F
V50	F
V45	F
V40	M
V35	F
V40	M
V35	F
V45	F
V40	F
V40	M
	F
	F
	F
V40	M
V55	F
V55	F
V35	F
V50	F
V50	F
V40	F
V50	F
V50	F
V35	F
V50	F