

Lakeland Trails in Coniston

Coniston Trail Race 15K

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
1.	11	Chris Holdsworth	m		Team inov-8	0:55:00
2.	265	John French	m		Eden Runners	1:01:14
3.	266	James Egleston	m		U/A Edgmond,	1:01:26
4.	3	Andrew McCarron	m	Veteran 40	Queens Park Harriers	1:01:37
5.	198	Jamie Arkle	m		Eden Runners	1:02:40
6.	2	Stephen McCarron	m	Veteran 40	Team Inov-8	1:03:14
7.	235	Peter Fairclough	m		St Helens Striders	1:04:39
8.	68	Matthew Birket	m		Manchester Road Runners	1:06:23
9.	236	Matthew Stevens	m		U/A Clitheroe,	1:07:06
10.	74	Mark Hart	m	Veteran 40	Lonely Goat RC	1:08:23
11.	138	Brian Rothera	m	Veteran 50	Oswestry Olympians	1:08:39
12.	212	Matthew Blakeley	m	Veteran 40	Roundhay Runners	1:08:54
13.	64	Chris Smith	m		Keswick AC	1:10:09
14.	197	William White	m		MDC	1:10:27
15.	175	Jon Hopper	m		U/A Manchester, Greater Manchester	1:10:45
16.	96	Stephanie Fauset	f		Smiley Paces	1:11:28
17.	52	Mike Allison	m	Veteran 60	Eden Runners	1:11:42
18.	275	Ross Hemmings	m		U/A Goostrey ,	1:12:48
19.	252	Kelly Hamilton	f		St Helens Striders	1:13:00
20.	140	Simon Sly	m	Veteran 40	U/A Hatch End, Middlesex	1:13:06
21.	251	Joe Steele	m	Veteran 40	Roundhay Runners	1:13:09
22.	234	Rachael Fairclough	f		St Helens Striders	1:13:12
23.	103	Nicholas Plant	m		U/A York,	1:13:38
24.	98	Vicky Penn	f		Smiley Paces	1:13:40
25.	58	John Sammut	m		U/A Newcastle-under-Lyme,	1:14:02
26.	264	Thomas Lawson	m	Veteran 50	U/A Cardiff ,	1:14:25
27.	81	Helen Chan Webster	f		Smiley paces	1:15:04
28.	159	peter fishpool	m	Veteran 50	U/A driffield, east yorks	1:15:21
29.	221	Harry Vaneris	m		U/A Manchester,	1:15:55
30.	268	Richard Moss	m	Veteran 40	U/A Windermere,	1:16:25
31.	42	Andrew Pye	m	Veteran 40	U/A Kendal, Cumbria	1:16:43
32.	261	Emmanuel PIGUELLER	m		ORANO DS	1:17:06
33.	178	GAVIN MCMANUS	m		U/A Wilmslow,	1:17:16
34.	176	Chris Smith	m	Veteran 40	Wrecsam Tri	1:17:19
35.	45	Mindy Fowler	f	Lady Veteran 40	U/A Louisville, Colorado, Boulder	1:17:26
36.	277	Damian Kimmins	m	Veteran 40	Na	1:17:27
37.	217	Dawn Richardson	f	Lady Veteran 40	Quakers	1:17:46
38.	56	Andrew Miles	m		U/A Barrow-in-furness, Cumbria	1:18:00
39.	163	William Malcolm Roberts	m	Veteran 60	St Austell Running Club	1:18:45
40.	229	Matthew Eustace	m	Veteran 40	U/A Ilkley,	1:19:04
41.	254	Paul Bread	m		U/A Cambridge,	1:19:05
42.	253	Alice Clarkson	f		U/A Cambridge,	1:19:05
43.	211	Niamh Jackson	f		Kirkstall Harriers	1:19:08
44.	168	Jo Sutton	f		Shrewsbury Athletics Club	1:19:50
45.	158	Bruce Penhale	m	Veteran 50	Trafford AC	1:19:59
46.	274	Andrzej Tadeusiak	m		U/A LANCASTER, Lancashire	1:20:07
47.	195	David Cleaver	m		U/A Sheffield, South Yorkshire	1:20:15
48.	199	Callum Ferguson	m		U/A By Wishaw,	1:20:20
49.	228	Andrew Simpson	m		U/A Bishop Auckland, Co. Durham	1:20:22
50.	259	Andrew Stuart	m	Veteran 50	U/A Lancaster, Lancashire	1:20:57
51.	71	Dominic Brophy	m	Veteran 50	U/A kirkham, Lancashire	1:21:10
52.	166	Eleanor Knowles	f	Lady Veteran 50	Ambleside	1:21:38
53.	124	Catherine Houston	f	Lady Veteran 40	U/A Kendal, Cumbria	1:21:46
54.	276	Richard Hatton	m		U/A Mr ulverston, Cumbria	1:21:46
55.	65	graham coupe	m	Veteran 40	Wirral Vikings TRC	1:22:55
56.	260	Simon Lobas	m	Veteran 40	Swinton	1:22:57
57.	139	Tom Cunningham	m	Veteran 40	U/A Todmorden , West Yorkshire	1:23:29
58.	184	Chris Davies	m	Veteran 40	Pensby Runners	1:23:32
59.	208	peter cushion	m	Veteran 40	wirral vikings trc	1:23:35
60.	232	Beth Cole	f		Smiley Paces	1:23:36
61.	1459	Kelly Anne Towns	f	Lady Veteran 40	Wigan Harriers	1:23:54
62.	55	dean rowlandson	m		U/A grange over sands, cumbria	1:24:05
63.	224	Alastair Neal	m	Veteran 40	U/A Billericay,	1:24:11
64.	223	Hilary Neal	f	Lady Veteran 40	U/A Manchester,	1:24:11
65.	144	Roger Quayle	m	Veteran 60	U/A Dalton in Furness, Cumbria	1:24:24
66.	216	Katherine Hackett	f	Lady Veteran 40	Quakers Running Club	1:24:54
67.	171	Catherine Eaton	f	Lady Veteran 40	Tyne Bridge Harriers	1:25:17
68.	269	Will Walker	m		Ackworth Road Runners	1:25:34
69.	109	Jane Gardiner	f	Lady Veteran 40	Smiley Paces	1:25:36
70.	94	Fiona Jeffries	f	Lady Veteran 50	Smiley paces	1:25:39
71.	107	Ali Griffiths	f	Lady Veteran 40	Smiley Paces	1:25:39
72.	219	keith brewster	m	Veteran 60	U/A leeds,	1:25:43
73.	127	Paul Beardmore	m		Na	1:26:14
74.	133	Neil Johnson	m	Veteran 40	U/A Manchester,	1:26:22
75.	258	Stephen Stuart	m	Veteran 50	U/A Banbury, Oxfordshire	1:26:27

Lakeland Trails in Coniston

Coniston Trail Race 15K

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
76.	244	Dot Kesterton	f	Lady Veteran 60	Smiley Paces	1:26:43
77.	205	Laura Taylor	f		U/A Horsley ,	1:27:19
78.	227	Adam John Whyte	m		U/A troon,	1:27:30
79.	225	Michael Rogers	m	Veteran 40	None	1:27:32
80.	237	Mark Hamilton	m	Veteran 40	St Helens Striders	1:27:51
81.	174	Richard Dodds	m		U/A Newcastle upon Tyne,	1:28:05
82.	173	Chris Smith-Duque	m		U/A Newcastle upon Tyne,	1:28:09
83.	85	jane langham	f	Lady Veteran 50	smiley paces	1:29:06
84.	194	Steven Kitchin	m	Veteran 40	U/A Lancaster, Select One	1:29:09
85.	220	Mick Haynes	m	Veteran 50	U/A Burton on Trent ,	1:29:09
86.	160	Anthony Kettle	m	Veteran 50	U/A Manchester, Lancashire	1:30:04
87.	189	Pip Conlon	f		Derwent Athletic Club	1:30:07
88.	129	Bernard McCarron	m	Veteran 50	Macclesfield Harriers	1:30:15
89.	233	Kevin Neve	m	Veteran 50	U/A Blackpool , Lancs	1:30:20
90.	100	Gill Pomfret	f	Lady Veteran 50	Smiley Paces	1:30:26
91.	165	John Bamforth	m	Veteran 50	U/A Wigton, Cumbria	1:30:59
92.	256	Neil Hawkes	m	Veteran 50	U/A Sutton Coldfield , West midlands	1:31:20
93.	255	Leonie Bell	f	Lady Veteran 40	U/A Sutton coldfield, West midlands	1:31:21
94.	49	Terence Charles	m	Veteran 60	Wirral Vikings TRC.	1:31:43
95.	128	Christian Hook	m	Veteran 40	U/A Sale,	1:32:10
96.	186	Tom Ratcliffe	m	Veteran 40	U/A Baildon,	1:32:26
97.	193	Ellis Maguire	f		U/A Lancaster,	1:32:38
98.	257	Paul Jackson	m	Veteran 60	Sunderland strollers	1:32:49
99.	142	Danny McCarron	m	Veteran 50	Chorlton Runners.	1:32:56
100.	57	David Wimpenny	m		U/A St. Helens ,	1:33:05
101.	278	Susan Lightfoot	f	Lady Veteran 40	U/A Washington, Tyne and Wear	1:33:07
102.	149	Rebecca Poole	f		Fairwater Runners Cwmbran	1:33:12
103.	73	Gary Cattermole	m	Veteran 50	U/A Kendal, cumbria	1:33:16
104.	41	Stephen Lester	m	Veteran 60	Cumberland Fell Runners	1:33:31
105.	214	MIKE BODDY	m	Veteran 50	U/A YORK, NORTH YORKSHIRE	1:33:37
106.	279	Hannah Walsh	f		Team inov-8	1:33:47
107.	280	Fiorella Margiotta-Mills	f		Team inov-8	1:33:47
108.	183	Michael Spink	m		U/A Baildon, W. Yorks	1:33:52
109.	82	Caroline French	f	Lady Veteran 40	Smiley Paces	1:34:11
110.	97	Neil Hindle	m	Veteran 60	U/A Sale, Cheshire	1:34:13
111.	105	Angie Wright	f	Lady Veteran 40	Smiley Paces	1:34:18
112.	106	Fleur Roberts	f	Lady Veteran 40	Smiley Paces	1:34:41
113.	153	Paul Smitham	m	Veteran 50	Chorlton Runners	1:35:06
114.	110	Isabelle Pound	f	Lady Veteran 50	Smiley Paces	1:35:10
115.	79	Pamela Leon	f	Lady Veteran 50	Smiley Paces	1:35:28
116.	113	Diane Wood	f	Lady Veteran 50	U/A Bowburn , Durham	1:35:28
117.	273	Anna KAVANAGH	f		U/A Pocklington, East Yorkshire	1:35:47
118.	245	Martin Brooks	m	Veteran 60	U/A Blackburn , Lancashire	1:35:57
119.	62	Iain Robertson	m	Veteran 50	U/A Corbridge, Northumberland	1:36:21
120.	50	Jessica Mitchell	f		Penny Lane Striders	1:36:38
121.	181	Sam Davies	m		U/A Stockport,	1:36:52
122.	115	Lynne Carruthers	f	Lady Veteran 50	U/A Durham,	1:37:23
123.	180	Daniel Wilcock	m		U/A Stockport,	1:37:35
124.	272	Claire Murphy	f	Lady Veteran 40	St Helens Striders	1:37:44
125.	157	Matthew Fairless	m		Todmorden Harriers	1:38:04
126.	61	Simon Byrne	m		St Bees Trier	1:38:54
127.	230	ALAN JONES	m	Veteran 60	GARSTANG RUNNING CLUB	1:39:09
128.	151	leslie johnson	m	Veteran 50	Northwich Running Club	1:39:32
129.	99	Maeve Largey	f		U/A Sheffield, South Yorkshire	1:39:37
130.	117	Christine Woods	f	Lady Veteran 60	Durham City Harriers	1:39:52
131.	95	Liz Meekings	f	Lady Veteran 40	Smiley Paces	1:40:46
132.	93	Sophie Milner	f	Lady Veteran 50	Smiley Paces	1:40:49
133.	172	Alan Smith	m	Veteran 40	U/A Eaglesham,	1:40:49
134.	102	Rosie Clegg	f	Lady Veteran 40	Smiley Paces	1:41:01
135.	150	Ricky Poole	m	Veteran 40	U/A Cwmbran, Gwent	1:41:10
136.	60	Rebecca Byrne	f		St Bees Trier	1:41:34
137.	86	Clare Thompson	f	Lady Veteran 40	Smiley Paces	1:41:44
138.	116	Dionne Hamil	f	Lady Veteran 40	U/A Durham,	1:41:45
139.	114	Katie Paletorpe	f		U/A Durham,	1:41:45
140.	91	Nicola Sewell	f	Lady Veteran 50	Smiley Paces	1:41:46
141.	84	karen stevens	f	Lady Veteran 40	Smiley paces	1:41:46
142.	83	Fiona Panes	f	Lady Veteran 40	U/A Sheffield,	1:41:46
143.	122	Sarah Wales	f		Smiley Paces	1:43:09
144.	108	Charlotte Woodger	f		Smiley Paces	1:43:09
145.	90	Ruth Jacobs	f	Lady Veteran 50	Smiley Paces	1:43:21
146.	200	Michael Matthews	m		U/A Preston , Lancashire	1:44:16
147.	218	Rebecca Croft	f		U/A Ashington, England	1:44:44
148.	88	Rebecca Joyce	f	Lady Veteran 40	Smileys	1:45:04
149.	92	Rachel Barnes	f	Lady Veteran 40	Smiley Paces	1:45:14
150.	119	Rose Ward	f	Lady Veteran 40	Smiley Paces	1:45:14
151.	132	Alan Robinson	m	Veteran 60	CMF	1:45:58
152.	48	Faye Ruscoe	f	Lady Veteran 40	U/A Warrington, Cheshire	1:46:17
153.	226	Steve Tinniswood	m	Veteran 50	U/A PRESTON,	1:46:53

Lakeland Trails in Coniston**Coniston Trail Race 15K**

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
154.	190	Sarah Lee	f	Lady Veteran 40	U/A Sheffield,	1:47:43
155.	209	Joanna Spencer	f		U/A Marple , Cheshire	1:47:55
156.	87	Joanne Battersby	f	Lady Veteran 50	Smiley Paces	1:48:17
157.	131	Jeremy Stolberg	m	Veteran 50	U/A Cheshire, UNITED KINGDOM	1:48:44
158.	67	Rachel Suddrick	f	Lady Veteran 40	Smiley Paces	1:48:51
159.	164	Liz Painter	f	Lady Veteran 40	Birmingham Running, Athletics and Triathlon Club	1:50:38
160.	101	Jane Boden	f	Lady Veteran 40	Smiley Paces	1:51:15
161.	167	Guy Bartlett	m	Veteran 50	U/A Alderley Edge, Cheshire	1:54:00
162.	213	DENISE WALKER	f	Lady Veteran 50	U/A YORK, NORTH YORKSHIRE	1:59:45
163.	89	Julia Delaney	f	Lady Veteran 50	Smiley Paces	2:04:17
164.	121	Cath Wheen	f	Lady Veteran 50	Smiley Paces	2:04:21
165.	80	Catherine Bowman	f	Lady Veteran 40	Smiley Paces	2:08:59
166.	1114	Lucy Price	f	Lady Veteran 40	Smiley Paces	2:08:59
167.	78	Sandi Carman	f	Lady Veteran 40	Smiley Paces	2:08:59
168.	130	Amy Griffiths	f		Smiley Paces	2:15:35
169.	112	Ruth Merry	f	Lady Veteran 40	Smiley Paces	2:15:35
170.	246	Jane Naylor	f		Smiley Paces	2:15:36
171.	111	Julie Jordan	f	Lady Veteran 50	Smiley Paces	2:15:37
172.	185	Terry Gormley	m	Veteran 50	U/A Doncaster, South Yorkshire	2:20:46

Number of records: 172