

5km

Position	Actual Time	Race No	Surname	First Name	Club Name	Category	Sex
1	00:16:39	64	Ravenhall	George			M
2	00:16:52	49	Sache	Ben	Lancaster Uni		M
3	00:16:56	60	Leadbeatte	Mark	Lancaster & Morecamb		M
4	00:17:05	52	Douglas	Dean	Border Harriers AC		M
5	00:17:19	36	Lancaster	Harry	Lancaster Uni		M
6	00:17:44	55	McKelvie	Ross	Lytham St Annes RR		M
7	00:18:10	32	Givens	Aaron	Salford Mets		M
8	00:18:46	58	Worsley	Steven	Lancaster & V55		M
9	00:18:51	62	Taylor	Liam			M
10	00:19:04	43	Towers	Liam	Salford Mets		M
11	00:19:33	50	Hart	Mark		V45	M
12	00:19:41	76	Hodgson	Graham	Lancaster & V55		M
13	00:19:56	59	Corrigan	Charlotte	Hyndburn AC		F
14	00:20:09	31	Gilleade-Sn	James	Lancaster Runners		M
15	00:20:51	46	Perry	Jayne	Garstang R	V35	F
16	00:21:14	65	Tomlinson	Roy	Thornton C	V55	M
17	00:21:39	61	Davison	Pete	Hoad Hill H	V50	M
18	00:21:48	57	Boardman	Steve	Preston Har	V45	M
19	00:21:56	56	Hellings	Terry	Lytham St A	V65	F
20	00:22:03	69	Hayes	Phlip	Thornton C	V50	M
21	00:23:37	67	Bland	Abby			F
22	00:23:49	26	Burgess	Stephen	Thornton C	V45	M
23	00:24:22	74	Hoggarth	Danny			M
24	00:24:26	48	Hardman	Pamela	Lytham St A	V60	F
25	00:25:17	72	Walker	Mike	Kendal AAC	V60	M
26	00:25:19	25	Bray	Michael	Lancaster &	V65	M
27	00:25:27	33	Gregory	Nicholas	Thornton C	V45	M
28	00:25:30	42	Tomlinson	Michelle	Thornton C	V55	F
29	00:25:52	45	Wrigley	Vikki	Thornton C	V40	F
30	00:26:37	28	Denney	Janine	Thornton C	V50	F
31	00:26:40	71	Whitlam	Andy	Thornton C	V60	M
32	00:27:22	39	Parkinson	Gary	Thornton C	V40	M
33	00:27:58	38	Mason	Bev	Thornton C	V50	F
34	00:28:01	27	Buston	Stephen	Thornton C	V50	M
35	00:28:03	66	Uttley	Sophie	Thornton Cleveleys RC		F
36	00:28:19	24	Batty	Leanne	Thornton C	V40	F
37	00:28:37	30	Foster	Melanie	Thornton C	V50	F
38	00:28:57	47	Roberts	Maureen	Lancaster R	V60	F
39	00:29:06	73	Hoggarth	Ammie			F
40	00:29:14	68	Lonergan	Terry	Barlick Fell	V70	M
41	00:29:54	34	Hayes	Gill	Thornton C	V55	F
42	00:31:41	35	Hindley	Debbie	Thornton C	V40	F
43	00:31:41	51	Wrigley	Naomi	Blackpool Wyre and Fly		F
44	00:31:41	63	Shaw	Lynn	Thornton C	V50	F
45	00:31:41	44	Wainwright	Louise	Thornton C	V50	F
46	00:32:26	75	Martindale	Laura			F
47	00:33:02	54	Ward	Kathryn	Thornton C	V50	F
48	00:33:39	53	Feeney	Andrea	Thornton C	V50	F
49	00:34:31	29	Fletcher	Catherine	Thornton C	V60	F

50	00:36:25	70 Hayes	Elaine	Thornton C V45	F
51	00:40:44	40 Roman	Alex		M
52	00:40:44	77 Glynn	Ruth	V40	F

10km

Position	Actual Time	Race No	Surname	First Name	Club Name	Category	Sex
1	00:33:22	93	Turner	Jack	Lancaster Uni		M
2	00:34:15	77	Rutherford	Jamie	Totley AC		M
3	00:35:41	98	Simpson	Alex	Lancaster Uni		M
4	00:37:56	57	Booth	Adam	Blackburn Road Runner		M
5	00:38:27	58	Carter-Brze	Luke	Chorlton Runners		M
6	00:38:54	87	Jones	Richard	Garstang RC		M
7	00:38:59	63	Fairclough	Stuart	Wigan & Di	V45	M
8	00:39:50	82	Turner	Jon	Blackburn Road Runner		M
9	00:41:40	90	Mason	Annabel	Lancaster & Morecamb		F
10	00:42:39	72	Jackson	Tony	Newburgh I	V55	M
11	00:43:16	60	Earnshaw	Stephen			M
12	00:43:19	67	Halsey	Jonathan			M
13	00:44:06	84	Whittle	Paul		V45	M
14	00:44:12	71	Houston	Scott	Manchester Tri		M
15	00:45:01	97	Weall	Emma Loui	Wigan Pho	V35	F
16	00:45:20	89	Peart	Craig	Lancaster & Morecamb		M
17	00:46:00	68	Hayton	Amy			F
18	00:48:30	73	Keating	Stephen		V55	M
19	00:49:25	59	Cunninghar	Scott			M
20	00:49:31	64	Ford	Jonathan		V40	M
21	00:50:23	75	Muckalt	Paul			M
22	00:50:27	78	Sharp	Stephanie		V45	F
23	00:51:38	91	Lake	Alice	Lancaster Uni		F
24	00:52:00	79	Smith	Gary			M
25	00:52:17	66	Hall	Michael	Holmfirth H	V55	M
26	00:52:46	88	Johnstone	Paul		V40	M
27	00:52:58	94	Aldam	Mark		V55	M
28	00:54:23	95	Hewitt	Mary	Garstang RC	V60	F
29	00:54:30	85	Wilding	Scott			M
30	00:55:10	81	Swann	Anthony			M
31	00:55:20	92	Miller	Frank	Garstang RC	V65	M
32	00:55:29	96	Patefield	Julia	Garstang RC	V50	F
33	00:59:39	61	Evans	Joanne	Liverpool R	V35	F
34	00:59:39	62	Evans	Leeanne	Liverpool R	V35	F
35	00:59:41	69	Hodson	Daniel			M