

Position	Actual Time	Race No	Surname	First Name	Club Name	Category	Sex
1	00:17:40	89	Lancaster	Harry	Lancaster Uni RC		M
2	00:19:09	110	Cousins	Katherine	Lancaster & Morecamb		F
3	00:20:04	105	Corrigan	Charlotte	Hyndburn AC		F
4	00:20:28	106	Cordingley	Sue	Bingley Har	V55	F
5	00:20:42	84	James	Matt			M
6	00:21:22	102	Eccles	Heather	Eden Runne	V35	F
7	00:21:46	100	Perry	Jayne	Garstang R	V35	F
8	00:22:26	108	Curran	Catherine		V40	F
9	00:24:28	77	Bray	Michael	Lancaster &	V65	M
10	00:24:29	83	Hudd	Phil		V50	M
11	00:24:37	81	Hoggarth	Danny			M
12	00:27:35	112	Douglass	Catherine	Lancaster &	V55	F
13	00:27:47	79	Edmondsor	David		V50	M
14	00:29:06	91	Mazur	Donna	Blackburn F	V45	F
15	00:29:08	101	Roberts	Maureen	Lancaster R	V60	F
16	00:29:50	111	Lonergan	Terry	Barlick Fell	V70	F
17	00:29:57	82	Hoggarth	Ammie			F
18	00:30:06	113	Dhillon	Gurbakish	Lancaster &	V40	F
19	00:31:10	85	Kavanagh	Helen		V35	F
20	00:31:33	92	Murphy	Emily		V35	F
21	00:33:12	109	Brignall	Matisse			F
22	00:34:42	103	Jackson	Andrea		V35	F
23	00:34:42	104	Townend	Becky			F
24	00:35:39	88	Kilmurray	John			M
25	00:35:39	90	Ledgard	Emma			F
26	00:38:40	107	Ramsdale	Christine	Spectrum S	V65	F
27	00:40:28	87	Kilmurray	Rachel			F

Position	Actual Time	Race No	Surname	First Name	Club Name	Category	Sex
1	00:37:11	136	Brennan	Gary	Wigan Phoenix AAC		M
2	00:37:56	112	Robshaw	Thomas			M
3	00:38:35	120	Jones	Richard	Garstang R	V40	M
4	00:39:15	139	Hardaker	Hinda	Keighley &	V40	F
5	00:39:59	138	Lloyd	Peter	Keighley & Craven		M
6	00:44:00	111	Reay	Robert			M
7	00:46:54	115	Thomasson	Steve	Horwich RMI		M
8	00:46:56	137	Fawcett	Jade	Knutsford Tri Club		F
9	00:48:56	121	Stimson	Morgan			M
10	00:49:01	102	Carr	Alex			F
11	00:50:34	103	Chalfont	Michael		V45	M
12	00:51:02	110	Peace	Dave		V55	M
13	00:54:09	125	Hartigan	Alex			M
14	00:54:38	106	Makinson	Sid	Blackburn F	V45	M
15	00:56:11	140	McCaw	Joe		V45	M
16	00:57:39	99	Armer	Grant			M
17	00:58:57	123	Pallister	Oliver			M
18	00:58:58	131	Mankowski	Matthew			M
19	00:59:00	130	Hallett	Joshua			M
20	00:59:12	109	Peace	Tracey		V50	F
21	01:00:35	142	Keane	Amanda		V40	F
22	01:01:03	101	Campbell	Charlene		V35	F

23	01:01:03	104 Kane	Helen	V35	F
24	01:01:42	129 Yeates	Jamie		M
25	01:07:01	141 Stuart	Leisa	V50	F
26	01:07:38	128 Burgess	Freya		F
27	01:07:39	143 Vageleh	Constanie	V50	F
28	01:09:18	126 Hampson	Zoe		F
29	01:10:41	134 Slater	Hannah		F
30	01:17:07	127 Mackie	Ellie		F
31	01:24:12	124 Longton	Tyrone		M
32	01:24:12	135 Howson	Nathan		M