

Position	Actual Time	Race No	Surname	First Name	Club Name	Category	Sex
1	00:34:01	440	Croft	Simon	Red Rose RR		M
2	00:35:56	437	Berry	Steven	Border Harriers		M
3	00:37:18	174	Oldfield	Martin	Darwen Dashe	V50	M
4	00:38:41	439	Postill	Nathan			M
5	00:38:53	436	Waite	Josh	Carlisle Tri Club		M
6	00:39:24	433	Jones	Richard	Garstang Rc	V40	M
7	00:39:37	452	Hall	Jonny	Clayton le Moors Harriers		M
8	00:40:26	182	Whittle	Neil	Wigan Harriers	V40	M
9	00:40:31	456	Atkinson	Gary		V45	M
10	00:41:36	438	Postill	David	Carlisle Tri Clu	V45	M
11	00:41:38	447	Jeffries	Paul	Blackburn Har	V40	M
12	00:41:47	179	Townhill	Steve	Preston Harrie	V40	M
13	00:42:54	168	Kilmartin	Stuart	Chorley Athlet	V45	M
14	00:43:06	451	Lauder	Bob		V55	M
15	00:43:18	177	Prentice	Matt		V45	M
16	00:43:59	457	Gavin	Rachel	Blackburn Harriers & AC		F
17	00:44:07	178	Thompson	Paul	Darwen Dashe	V45	M
18	00:44:14	463	Connolly	Martin			M
19	00:44:34	444	Harrison	Michael	Howgill Harrier	V55	M
20	00:45:05	180	Travis	Heather	Hoad Hill Harri	V45	F
21	00:45:28	459	Crosse	John	Lancaster & Morecambe AC		M
22	00:45:39	155	Blight	Anthony	Blackpool Wyr	V45	M
23	00:46:02	443	Hudson	Alan	Wesham RR	V65	M
24	00:46:23	446	Pawelczak	Basia	Blackpool Wyre & Fylde AC		F
25	00:46:40	176	Osborne	Mark	Eden Runners	V55	M
26	00:47:09	430	Piperides	Howard	Vegan Runner	V50	M
27	00:47:24	152	Archer	John	Winston Runne	V65	M
28	00:48:35	448	Griffiths	Ann	Fylde Coast R	V55	F
29	00:48:39	431	Wilkinson	David	Lancaster & M	V60	M
30	00:48:48	445	Maher	Dawn	Blackpool Wyr	V35	F
31	00:48:59	169	Maddison	Robbie			M
32	00:49:02	435	Hoyer	Kath	Wesham RR	V55	F
33	00:49:13	151	Ahmed	Ajaz		V50	M

34	00:49:45	154 Bartlett	David	Radcliffe AC		M
35	00:49:50	441 Johnson	Laura	Red Rose RR		F
36	00:50:03	450 Brennan	Ben	Thornton Cleve	V45	M
37	00:50:11	181 Warriner	Mike		V40	M
38	00:50:40	442 Croft	Natalie	Red Rose RR	V35	F
39	00:50:57	449 Parsons	Nadine	Garstang Rc		F
40	00:51:32	458 Gavin	Paul		V60	M
41	00:51:56	455 Graham	Julie	Garstang Rc	V55	F
42	00:52:20	453 Stott	Ashley			M
43	00:52:40	461 Jones	Alan	Garstang Rc	V60	M
44	00:53:24	158 Forrester	Glenn		V60	M
45	00:53:49	462 Clitheroe	Kayleigh	Garstang Rc		F
46	00:54:27	163 Hewitt	Mary	Garstang Rc	V60	F
47	00:55:03	175 Oldfield	Louise	Darwen Dashe	V45	F
48	00:55:37	454 Jameson	Graham	Lancaster & M	V75	M
49	00:56:24	157 Donnan	Sarah			F
50	00:58:41	160 Foster	Melanie	Thornton Cleve	V50	F
51	00:58:54	465 Hacking	Judith		V50	F
52	00:59:38	159 Forster	Sammy	Garstang Rc		F
53	01:00:12	170 Makinson	Sid	Blackburn RR	V45	M
54	01:00:12	171 Mazur	Donna	Blackburn RR	V45	F
55	01:00:51	150 Roberts	Maureen	Lancaster Run	V60	F
56	01:03:53	464 Ronnan	Andrew		V60	M
57	01:04:20	165 Hodge	Jayne		V35	F
58	01:04:20	164 Higham	Jeanette		V40	F
59	01:04:42	460 Haworth	Kathryn		V35	F
60	01:06:19	432 Waywell	Dave	Wesham RR	V75	M
61	01:10:45	156 Brignall	Matisse			F
62	01:20:41	434 Whittaker	Rosemary		V50	F